May/Jun 2017

InterVoice

OVEREATERS ANONYMOUS»

Channel Islands Intergroup—Santa Barbara & Ventura Counties Newsletter

Thank You: Ventura #51450, 36038, #31329 Goleta #32642, 15648; Ojai #47208; and Santa Barbara #11982 for your donation to Intergroup.





June 9-11, 2017—Costa Mesa, CA
Register at —http://www.oar2.org/convention/upcoming

More podcasts by Harlan G: (Web site— "A Vision for You," Special Editions, found chronologically on 16 pages by date—newly reorganized)

Bill's Story—Feb 8, 2015; Chapter 2: There is a Solution, A Closer Look—April 19, 2015; Chapter 3: More About Alcoholism—Oct 5, 2014; Chapter 5: How it Works—Jan 12, 2014; Into Action—July 12, 2015It's the New Year, but the Problem is Timeless—Jan 3, 2016; Chapter 4: We Agnostics—Feb 7, 2016; Let's Back Up A Bit, The Forwards, AA History—May 8, 2016; The Reasons Why—June 2, 2013

A Vision 4 You Phone Meeting—John K

Looking to jumpstart your abstinence through a study of the Big Book? Here's an easy way to do so on a daily basis. The "Vision for You" phone group now has a West Coast meeting, Monday through Friday, at 7:00am. It is a Big Book study, which means we read from the Big Book and then discuss what has been read. Many, many people have been helped by this Big Book study "workshop" format, like myself. To do this, just dial 712-432-5210 and use conference ID: 876148#. Contact information of abstinent and available sponsors is shared at these meetings.

You can also join the group by visiting: http://www.avision4you.info/
Let the Big Book come alive in your life and find true abstinence!

Contact Information:

CIIG (#005-09068) PO Box 1321 Summerland CA 93067 805 947-0792 oaciig.wordpress.com

Region 2 of OA—4733 Torrance Blvd., PMB #335
Torrance CA 90503, oar2.org

World Service Organization (WSO) PO Box 44020 Rio Rancho NM 87174-4020 505 891-2664, oa.org

Service Board:

Chair: Laura N.—805 687-4553 V. Chair: Janine I.—206 841-1965 Treas: Natalie G.—805 640-2528 Rec. Sec.— Judy R.—805 890-0915 Bus. Sec: Stephanie J.—805 729-4811

Volunteer Service Positions:

Retreats & Marathons:
Amy W.—646 373-6828
InterVoice: Elaine S.—805 884-9826
Web: Jojo—818 400-5468
—oaciig.web@gmail.com
Region 2 Rep: Position open
Public & Professional Outreach
SB Outreach position open
Ventura Outreach position open

Please consider submitting an article to InterVoice. Contact editor at esaffan@icloud.com



Available sponsors:

Spencer: 805 896-8118 Sally: 805 845-4484

Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

Meeting Schedule for Channel Islands Intergroup of Overeaters Anonymous

Sun	SB 6 PM	Literature Study: Big Book (#11982), Unity Church, 227 E. Arrellaga St Meet in Prayer Room, across courtyard from office. Additional parking in upper lot on Valerio St.	Stephanie J 805 729-4811
Mon	Ventura 8:45 AM	Literature Study (#51450), 21 North Dunning St., Meet back of Duplex.	Linda 805 607-3249
	Goleta 12 PM	Leaders Choice (#32642), Goleta Presbyterian Church, 6067 Shirrell Way behind Fairview Center. Meet in large social hall facing parking lot. OK to bring lunch.	Barbara G 805 969-9942
	Ventura 7 PM	Newcomers & Pitch (#31329), Bible Fellowship Church, 6950 Ralston St, at Johnson Dr. Meeting in Pavilion #1. Enter parking from Ralston St. Third Monday of month is a speakers meeting.	Jan 805 850-5657
	SB 7:35 PM	**New Format** Big Book & Step Study Meeting. Newcomers Welcome!; (#51002), First Congregational Church, 2101 State St, Dorcas Classroom, through courtyard door on left (not patio door).	Mary 805 962-5953
Tue	Ojai 6:30 PM	Literature Study (#47208), Ojai Valley Community Church, 907 El Centro. Corner of El Centro and Loma. Park in lower lot off of Loma.	Natalie G. 805 640-2528
Wed	Ventura 12 PM	Literature Study (#35960), Bible Fellowship Church, 6950 Ralston St. (at Johnson Dr.) Enter parking from Johnson Dr. Meeting at Building 300, room 302.	Brigette 805 649-5716
	SB 7:30 PM	Literature Study (#36031), Trinity Evangelical Lutheran Church, 909 N. La Cumbra Rd. @Foothill Rd., across from parking lot.	Jojo L. (818) 400-5468
Thu	Goleta 12:00 PM	Literature Study: Big Book (#15648), Goleta Presbyterian Church, 6067 Shirrell Way. Behind Fairview Center. Meeting in large social hall facing parking lot. OK to bring lunch.	Sue F. 805 964-0809
	Ventura 7 PM	Topic Meeting (#54396) Buenaventura Mobile Home Estates Club House, 11405 Darling	Dean (805) 585-0842
	Carpinteria 7:30 PM	Channel Islands Intergroup (#005-09068), 1st Thur of each month. Carpinteria Community Church, 1111 Vallecito Rd. Exit 101 at Casitas Pass Road.	Natalie G. 805 640-2528
Fri	SB 10:00 AM	Women's Literature Study—Big Book and Step Study. (#00243), Unity Church, 227 E. Arrellaga St. Meeting Bride's Room (upstairs). Additional parking in upper lot on Valerio St. Closed meeting—open to OA members and those who desire to stop compulsive eating	Sarah 805 564-3060
	Ventura 10:30 AM	Literature Study—Lifeline (#35404), Trinity Lutheran Church, 196 N. Ashwood Ave. At intersection of Loma Vista and Ashwood. Meeting in library.	Chuck 805 701-9901
Sat	Ventura 10 AM	Long-timers Pitch —All are welcome! (#36038), Ventura County Medical Center, 3291 Loma Vista Rd. (at Hillmont Ave.) Meeting in Cafeteria Conference Room on bottom floor.	Carol E 805 208-1756
	SB 10:00 AM	Step Study—Newcomers (Second Saturday of every month. Unitarian Society, 1535 Santa Barbara St. Meeting in Classroom 1 in Courtyard. Location varies at times—look for signs.	Susan R. 805 680-8371
	SB 10:30 AM	Step Study —OA 12 & 12 (36037) Unitarian Society, 1535 Santa Barbara St. Meeting in Classroom 1 in Courtyard. Location varies at times—look for signs.	Susan R. 805 680-8371

Meeting secretaries: please notify the World Service Office of any meeting updates by visiting "Find a Meeting" at $\underline{\text{oa.org}}$. Please contact Natalie G at 310-488-2893 if you need help doing this.