

InterVoice

September/October 2013

Bi-monthly newsletter of the **Channel Islands Intergroup (CIIG)**

Overeaters Anonymous in Santa Barbara & Ventura Counties

Website: <http://oaciig.wordpress.com>

Editor: oaciig.intervoice@gmail.com

OACIIG BOARD ELECTIONS TO BE HELD IN OCTOBER!

CIIG Board elections will be held on Tuesday, October 1st at 7:30 pm at the Carpinteria Community Church. There are currently no abstinence requirements to serve on the CIIG board, and you must be present at the October meeting in order to be considered for election.

Service on the CIIG board is fun, rewarding, a great opportunity to meet other OAers in the intergroup area (Camarillo, Ventura, Ojai, Carpinteria, Santa Barbara, and Goleta), and an excellent way to promote your recovery in OA.

"Carrying the message to the compulsive overeater who still suffers is the basic purpose of our Fellowship; therefore, it is the most fundamental form of service. Any form of service—no matter how small—that helps reach a fellow sufferer adds to the quality of our own recovery....Members who meet the abstinence requirement can give service beyond the group level in such activities as intergroup representative, committee chair, region representative or Conference delegate. There are many ways to give back what we have so generously been given. We are encouraged to do what we can when we can. 'A life of sane and happy usefulness' is what we are promised as the result of working the Twelve Steps. Service helps to fulfill that promise.

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Requirements (From the CIIG Bylaws):

a. Service Board – Election of these officers to the Board of OACII will be held at the regular OACII meeting in October, unless otherwise changed by majority of the voting body of a meeting of the OACII. Terms for one year, with a maximum of one re-election to the same office (i.e. An officer may not serve more than two (2) years in a single office without interruption.)

i. CHAIRPERSON: Chairs all OACII meetings, is unofficial member of all committees and all OACII-sponsored activities.

ii. VICE-CHAIRPERSON: Fills in for absent chairperson, helps to oversee all OACII-sponsored activities and updates group registration in cooperation with Overeaters Anonymous World Service Office (WSO).

iii. RECORDING SECRETARY: Takes minutes at OACII meetings and brings copies of minutes to the following meeting for distribution.

iv. BUSINESS SECRETARY: Handles incoming and outgoing correspondence of the OACII Board.

v. TREASURER: Handles the financial statements and pays expenses of the OACII.

Invitation to All OA Members

The CIIG is interested in helping YOU spread the word about OA. Toward that end, we're inviting you to share your experience, strength, and hope in OA with two people before the next issue of the Intervoice comes out in November.

Funds Available to Spread the Word

Are you interested in spreading the word about OA? If so, CIIG is interested in hearing from you. We have funds available to purchase literature and/or create public service announcements (or other ideas). Bring your ideas and requests to our monthly CIIG meeting!

Help With Outreach in SB

We need help continuing to get the word out in Santa Barbara, as there are fewer community bulletin boards and other low-cost media outlets. We also need someone to regularly update the SB Craigslist posting with the meeting schedule. "Introducing OA" pamphlets are also available for strategic distribution to professionals' offices, schools, etc. Other creative action is encouraged. Please contact SB Outreach Chair Ellen M. at 569-3111.



OA's Responsibility Pledge

"Always extend the hand and heart of OA to all who share my compulsion; for this, I am responsible."

Contact Information

CIIG (#005-09068)
PO Box 1321
Summerland, CA 93067
(805) 899-3250
<http://oaciig.wordpress.com>

Region 2 of OA
4733 Torrance Blvd., PMB #335
Torrance, CA 90503
<http://www.oar2.org>

World Service Organization (WSO)
PO Box 44020
Rio Rancho, NM 87174-4020
(505) 891-2664
<http://www.oa.org>

Service Board

Chair & Intervoice
Natalie G., (805) 640-2528
Vice-Chair
Open
Treasurer
Barbara G., (805) 969-9942
Recording Secretary
Linda M., (805) 659-0567
Business Secretary
Scotia, (805) 220-6722

Volunteer Service Positions

Retreats & Marathons
Raven, (805) 964-6359
Web
Open
Region 2 Rep.
Natalie M., (805) 814-9241
Public & Professional Outreach
Ellen M., (805) 569-3111 (SB)

Service Opportunities Available!

Meeting Schedule for the Channel Islands Intergroup of Overeaters Anonymous

All phone numbers (805) unless otherwise stated. Please notify the World Service Office of any meeting updates by visiting the "Find a Meeting" page at www.oa.org.

SUN	Santa Barbara 6:00 pm	Literature Study (Big Book) (#11982) Unity Church, 227 E. Arrellaga St. Meeting in Chapel. Additional parking in upper lot on Valerio St.	Monica 698-8411
MON	Ventura 8:45 am	Literature Study (#51450) 21 Dunning St., Back of Duplex.	Ann 861-3004
	Goleta 12:00 pm	Brown Bag (#32642) Goleta Presbyterian Church, 6067 Shirrell Way. Behind Fairview Center. Meeting in large social hall facing parking lot. OK to bring lunch.	Barbara 969-9942
	Ventura 7:00 pm	Newcomers & Pitch (#31329) Bible Fellowship Church, 6950 Ralston St. (at Johnson Dr.). Meeting in Pavilion #3. Enter parking from Ralston St.	Cinthia 415-6488
	Santa Barbara 7:35 pm	Writing (Lifeline) (#51002) First Congregational Church, 2101 State St. Meeting in Dorcas Classroom, through courtyard door on left (not patio door).	Marissa 909-851-5522
TUE	Goleta 5:30 pm	Leader's Choice (#07100) Christ Is King Episcopal Church, 5073 Hollister Ave. Meeting in last classroom at rear of church.	Nancy 686-0719
	Ojai 6:30 pm	Writing (Literature) (#47208) St. Andrews Episcopal Church, 409 Topa Topa Dr. (at Bristol Rd.). Meeting in the center classroom in farthest left building.	Charloa 798-0321
	Carpinteria 7:30 pm	Channel Islands Intergroup (#005-09068) 1st Tuesday of each month. Carpinteria Community Church, 1111 Vallecito Rd. Exit at Casitas Pass Rd. Send a meeting rep!	Natalie G. 640-2528
WED	Ventura 12:00 pm	Literature Study (#35960) Bible Fellowship Church, 6950 Ralston St. (at Johnson Dr.). Enter parking from Ralston St. Meeting in Building 500, Room 520.	
	Ventura 6:00 pm	Big Book Study (#52770) CMH, 2809-A Main Street. Entrance and parking in the back of the building. The last Wednesday of the month, we read from the AA 12&12.	Jan 850-5657
	Santa Barbara 7:30 pm	Literature Study (#36031) Grace Lutheran Church, 3869 State St. Near La Cumbre Plaza, across from Macy's. Meeting in library.	Natalie G. 640-2528
THU	Goleta 12:00 pm	Brown Bag (#15648) Goleta Presbyterian Church, 6067 Shirrell Way. Behind Fairview Center. Meeting in large social hall facing parking lot. OK to bring lunch.	Raven 964-6359
	Santa Barbara 6:00 pm	Women's Meeting (#52866) Grace Lutheran Church, 3869 State St. Near La Cumbre Plaza, across from Macy's. Meeting in library.	Lisa 729-3102
FRI	Santa Barbara 10:00 am	Women's Literature Study (Big Book) (#00243) Unity Church, 227 E. Arrellaga St. Meeting in Bride's Room (upstairs). Additional parking in upper lot on Valerio St.	Jeanne 564-4213
	Ventura 10:30 am	Lifeline (#35404) Orchard Community Church, 8180 Telephone Rd. Meeting in building north of church on Telephone Rd.	Barry 861-8250
	Santa Barbara 7:00 pm	Speaker (#36036) First Congregational Church, 2101 State St. (at Padre St.). Meeting in the Fireside Room. Enter through the patio door in courtyard.	Peggy 698-3542
SAT	Ventura 10:00 am	Longtimer's Pitch Are all welcome! (#36038) Ventura County Medical Center, 3291 Loma Vista Rd. (at Hillmont Ave.). Meeting in Cafeteria Conference Room on bottom floor.	Jill 644-1968
	Santa Barbara 10:30 am	Step Study (OA 12&12) (#36037) Unitarian Society, 1525 Santa Barbara St. Meeting in Classroom 1 in courtyard. Varies at times, look for signs.	Jennifer F. 895-1108