



Channel Islands Intergroup—Santa Barbara & Ventura Counties

InterVoice | May-June 2020

OA Responsibility Pledge

Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

Results of Survey of CIIG Fellows

Greetings, our amazing fellows! During this stressful time of living with the threat of Covid-19, we have been able to stay connected virtually through Zoom as well as phone meetings. Our knowledge that working and living in The Twelve Steps, with direction from the Higher Power of our understanding, is keeping us on the path of recovery from our trigger foods and trigger behaviors. We say this knowing we each have our own path and that the road is not always without bumps.

Intergroup has also continued to function through Zoom and has compiled the results of the survey you recently took. We found the information enlightening and inspiring and **thank you** for the time and effort you put into it.

Excerpts are on page 2 and we share the full results online.

▶ ▶ ▶ [Click here to review complete survey results](#) ◀ ◀ ◀

Strategic Plan for Next 2-5 Years

The survey was part of the process of developing a Strategic Plan for our intergroup for the next 2-5 years and we have made significant progress in this direction. So far, we have agreed on a Vision Statement, a Structure, and Goals. We have been greatly helped in this process by work that has been done by Don C, who has given many years of service at every level of leadership in our fellowship. We are meeting beyond our regular monthly sessions to complete this process and hope to share our specific plans with you soon. We will not be waiting for this pandemic to be over before we begin an expanded program of workshops and other activities to help fellows achieve our goal of recovery and integrating the 12 Step program into every aspect of our lives. See overview on page 3 and full plan online.

▶ ▶ ▶ [Click for CIIG Vision, Priorities & Goals](#) ◀ ◀ ◀

Contact Information

Intergroup Service Board

Chair: Natalie G.—310 488-2893

Vice Chair: Laura N.—805 687-4553

Treas: Stephanie J.—805 729-4811

Rec. Sec: Susan R.—805 680-8371

Bus. Sec: Lenora B.—805-654-8271

Volunteer Service Positions

World Svc Rep: Natalie G.—310 488-2893

Region 2 Rep and Outreach Chair:

Elaine S.—909 908-7069

esaffan@icloud.com

Retreats & Workshops Chair: Amy W.—
646 373-6828 amy_wendel@yahoo.com

InterVoice & Web: Jocelyn

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Region 2

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Torrance CA 90503, oar2.org

World Service Organization

PO Box 44020

Rio Rancho NM 87174-4020

505 891-2664, oa.org

7th tradition

NEW! Use Paypal.com (with account or as guest) to contribute to this email address: Ciigtreasurer@gmail.com

Add group # in notes to allocate to a specific meeting (find group # on page 4)

Remember to donate to Intergroup. Thank You!

Sponsors



Abby—248 933-3864

Amy K.—805 340-5882

Amy W.—646 373-6828

Carla N.—805 450-4241

Chuck—805 701-9901

Elaine S.—909 908-7069

Gary H.—805 766-7136

LaCene—805 300-9309

Lenora B.—805 654-8271

Natalie G.—310 488-2893

Rei D.—805 798-3567

Rhiannon—805 535-5996

Rodger S.00805 448-4566 *men only*

Sandra L.—213 700-5825

Stephanie J.—805 729-4811

Susan R.—805 680-8371

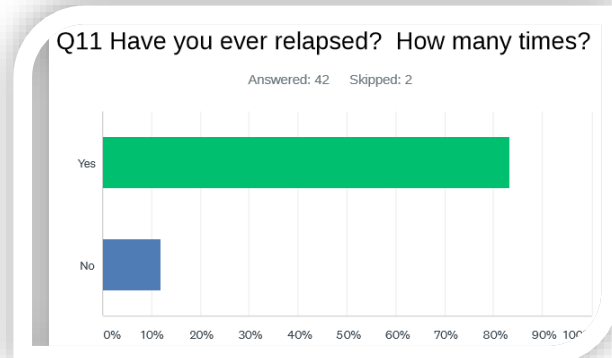
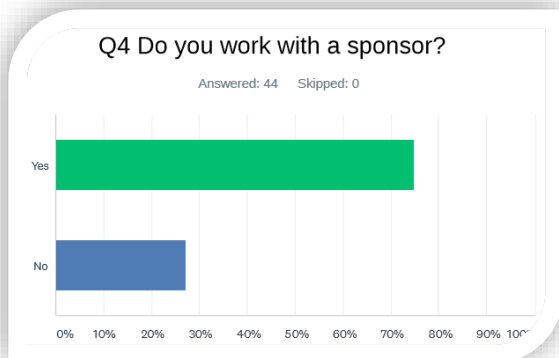
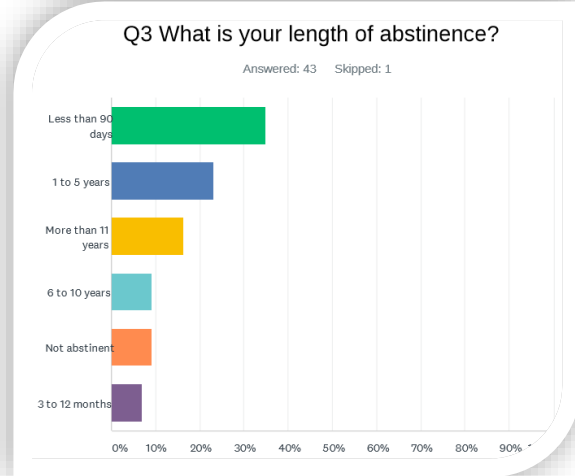
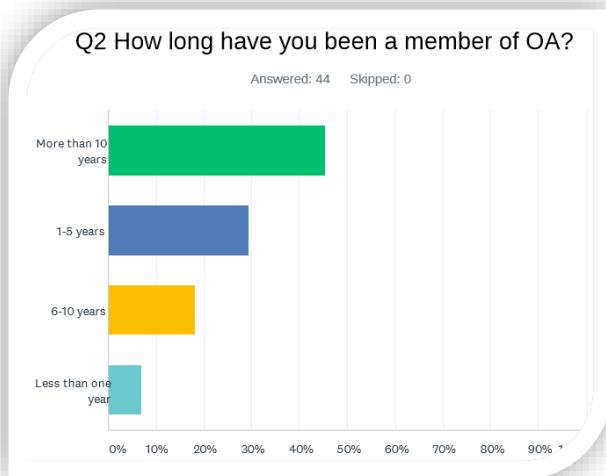
CIIG 2020 Fellowship Survey Results

The CIIG Survey was online and fellows were encouraged to submit anonymous answers and input on the following topics. Forty-four (44) replies were received.

- Q1 How did you find OA?
- Q2 How long have you been a member of OA?
- Q3 What is your length of abstinence?
- Q4 Do you work with a sponsor?
- Q5 If you do not work with a sponsor, what is the reason (s)?
- Q6 What brought you to OA?
- Q7 What keeps you coming back? Check all that apply.
- Q8 Have you ever left OA for a reason other than relapse?
- Q9 If you left OA for a reason other than relapse, why?
- Q10 If you left, what brought you back?
- Q11 Have you ever relapsed? How many times?
- Q12 Are you in relapse now?
- Q13 What do you think is the most important thing you personally need to do to strengthen your recovery?
- Q14 How many people attend your home meeting on average?
- Q15 What do you see as your home meeting's strength?
- Q16 What do you see as your home meeting's weaknesses?
- Q17 Does your home meeting get newcomers?

- Q18 Approximately what percentage of newcomers do you think return?
- Q19 If newcomers don't usually stick around, what do you think is the reason?
- Q20 Rate the following possible Intergroup services in terms of their importance to you.
- Q21 Intergroup has been conducting Working and Living the Steps Workshops for the past several years that have been very popular. If these continue, what are the most important subjects to be covered?
- Q22 Rate the following possible topics for Intergroup newsletter or other publications
- Q23 What, if anything, could Intergroup do to help your meeting?
- Q24 Do you listen to podcasts or attend phone or online meetings as part of your recovery? If so, which ones?
- Q25 Are you willing to do more service to help support Intergroup and OA? How?


▶ ▶ ▶ [Click here to review complete survey results](#) ◀ ◀ ◀



Channel Island Intergroup Vision, Priorities & Goals

CIIG's value is measured by its usefulness to members and meetings. Usefulness is our main product.

▶▶▶ Click for full CIIG Vision, Priorities & Goals ◀◀◀

Vision	Priorities (Structure)	Goals/Strategic Plan (2-5 years)
<p>High-value Intergroup that:</p> <ol style="list-style-type: none"> 1. Helps the still suffering 2. Serves membership and attracts 3. Strengthens OA as a whole 	<p>First priority: Create training/educational activities and opportunities to help members recover or strengthen their recovery. Supplements sponsorship. Helps close sponsor gap. From more personal recovery comes more sponsors, more attraction, more retention, stronger IG and OA.</p> <p>Second priority (but required): Complete ongoing IG admin tasks, e.g., meeting lists, hotlines/answering service, PI/PO, reps to Region & WSBC, Unity Day, IDEA Day, other.</p> <p>Third priority: Proactively train/teach/assist meetings on administrative matters, e.g., formats, organization (job descriptions), group conscience, job descriptions, treasury, inventories, etc. This will facilitate and increase member service at the meeting level, strengthen meetings, and facilitate ease of movement from group service to IG service.</p>	<ol style="list-style-type: none"> 1. Help members strengthen their personal recovery by working the 12 steps 2. Increase the number of sponsors 3. Increase the number of newcomers 4. Increase the retention of newcomers 5. Help those in relapse recover 6. Inspire people to give more service 7. Increase outreach and public information activities 8. Support our meetings to become action/solution meetings¹

Additional Meeting & Support Options

10:00PM to 3:30AM PT
Daily

Parking Lot Meeting Live phone meeting, open to anyone in a 12-step program

Dial: (712) 432-3900 and enter conference ID 6508933#

A great place for support. Irene, the moderator, would love for participants to share and become an active part of this inclusive community. For more information contact Sheila J. at (310) 413-1745

4:00AM -10:00PM PT
Daily

Meeting on the Go new phone resource, open to anyone in a 12-step program

Dial (559) 670-1414 and enter conference ID 6508933#

You will be put in contact with over 70 speakers, Sheila's Eight Workshops, Lauren's Harp Meditations, music, special events, and more. To access what you want, just put in the extension number, provided at the beginning of the call. For more information contact Sheila J. at (310) 413-1745

4:00AM & 7:00AM PT
Monday-Friday

Avision4you Big Book Study

Dial (712) 432-5210 and enter conference code 876148#

All these phone meetings are recorded and can be accessed at avision4you.info.

5:30AM PT
Sunday

Avision4you Special Edition speakers meeting

Dial (712) 432-5210, and punch in the conference ID 876148#

Thousands of powerful Special Edition speakers meetings can be accessed at avision4you.info—click on 'Special Edition' and scroll down.

24/7

Podcasts at oa.org, oaciig.wordpress.com/podcasts, oalaig.org/virtual-speakers

OA Meeting List—Channel Islands Intergroup—May/June 2020

Important! In-person meetings have been suspended and have are now on Zoom for video-conferencing or teleconferencing.

Please see instructions below on how to join each particular meeting.

Day	Time	Meeting <i>If prompted for password, contact the secretary →</i>	Contact
SUNDAY	6:00 PM	Santa Barbara – Big Book Literature Study (#11982) Join via video: https://zoom.us/j/121125386 Join via phone (no video): (669) 900-9128, Mtg ID: 121 125 386#	Peggy (805) 698-3542
MONDAY	12:00 PM	Goleta – Literature Study (#32642) Join via video: https://zoom.us/j/707412653 Join via phone (no video): (669) 900-9128, Mtg ID: 707 412 653#	Barbara G. (805) 969-9942
	7:00 PM	Ventura – Newcomers & Pitch (#31329) Join via video: https://zoom.us/j/764663562 Join via phone (no video): (669) 900-9128, Mtg ID: 764 663 562#	Lenora (805) 654-8271
TUESDAY	6:30 PM	Ojai – Literature Study (#47208) Join via video: https://zoom.us/j/944326689 Join via phone (no video): (669) 900-9128, Mtg ID: 944 326 689	Natalie G. (310) 488-2893
WEDNESDAY	12:00 PM	Camarillo – Literature Study (#56380) We use <i>For Today</i> and the <i>OA 12&12</i> in this meeting. They are not required, but if you have them, you might like to have them nearby to aid your participation. Join via video: https://zoom.us/j/964481947 Join via phone (no video): (669) 900-9128, Mtg ID: 964 481 947	Gracie D. (805) 910-9544
	7:30 PM	Santa Barbara – Literature Study (#36031) Join via video: https://zoom.us/j/606273362 Join via phone (no video): (669) 900-9128, Mtg ID: 606 273 362	Laura N. (805) 687-4553 <i>landline</i>
THURSDAY	12:00 PM	Goleta – Literature Study (#15648) Join via video: https://zoom.us/j/442292151 Or call in via phone: (669) 900-9128, Mtg ID: 442 292 151	Sue F. (805) 448-0094
<i>1st Thursday</i>	6:30 PM – 7:45 PM	First Thursday of each month Carpinteria – Channel Islands Intergroup Meeting!!! (#005-09068) Join via video: https://zoom.us/j/662532539 Join via phone (no video): (669) 900-9128, Mtg ID: 662 532 539	Natalie G. (310) 488-2893
FRIDAY	10:00 AM	Santa Barbara – Big Book Step Study (#00243) & 10:30 am Ventura – Discussion Dialogue (#35404) Meetings combined for Zoom Join via video: https://zoom.us/j/653778661 Join via phone (no video): (669) 900-9128, Mtg ID: 653 778 661	Sarah (805) 564-3060 Chuck (805) 701-9901
SATURDAY	10:00 AM – 11:00 AM	Combined Ventura & Santa Barbara Meetings Join via video: https://zoom.us/j/356466128 Join via phone (no video): (669) 900-9128, Mtg ID: 356 466 128	Sandra at (213) 700-5825 Susan R. (805) 680-8371

Meeting secretaries Please notify World Service of any updates by going to oa.org and choosing “Meetings > Edit A Meeting.” Please contact Natalie G at 310-488-2893 if you need help doing this.