

CIIG Meeting Minutes
12/3/15

Meeting called to order at 7:34 p.m.

Serenity Prayer said; 7th tradition and 12 Concepts of OA Service read.

Members present: Jock (Chair and Wednesday Ventura meeting rep.), Natalie G. (Recording Sec. and R2 Rep.), Barbara G. (Treasurer and Thursday Goleta meeting rep.), Stephanie (SB outreach and Wednesday S.B. meeting rep.)

Announcements: Workshop on Saturday (no raffle)

Treasurer's Report:

Assets:

CIIG Meeting	\$14.00
Natalie G refund from Region 2 Assy.	425.00
Mon. & Thurs. Goleta (#36342 & #15648)	<u>109.00</u>
Subtotal	\$548.00

Liabilities:

Verizon	\$60.24
Amy for InterVoice and flyers for Sat. workshop	<u>82.84</u>
Subtotal	\$143.08

Union Bank Balance as of Nov. 11 **\$1,027.07**

Union Bank Prudent Reserve	1,006.46
Chase bank Retreats and Marathons fund	1,634.08

Recording Secretary: October's minutes passed as submitted.

InterVoice: Service opportunity! Please announce at meetings. There will be no new issues of the InterVoice until this position is filled. Both Amy and Natalie G are happy to offer assistance to anyone who wishes to fill this position.

Webmaster: Haley wasn't at this meeting. Natalie said Haley had posted the announcement about this Saturday's workshop.

R2 Rep.: Natalie forgot to find out what happened at the R2 Assembly in the fall; she will have a report for January's meeting.

Business Secretary: Nothing to report—no mail.

Retreats and Marathons: No report; Amy not in attendance.

Santa Barbara Outreach: Stephanie posted both workshop flyers and the "Is Food a Problem for You?" poster and small notices on Cantwell's bulletin board.

Ventura Outreach: No report; Sherrice not in attendance.

Old Business:

- Barbara was going to look into putting the prudent reserve into an interest-bearing account. She is still working on that. Will carry this over to next month.
- Stephanie wanted clarification as to the duties of the InterVoice editor, which are to edit and print the InterVoice every two months, including updating the meeting list on the back page, gathering articles written by members or OA literature, and including notices of local events or announcements of interest from World Service or Region 2.
- Laura is researching getting a cheaper phone line for us. She will report to us when she next attends.

New Business:

- Barbara would like to have one other person besides herself listed on the Retreats and Marathons checking account. The committee will discuss this. Natalie sent a text to Jill asking her to bring the checkbook to the workshop on Saturday. Jill isn't attending that, so she will mail the checkbook to Barbara, so Barbara can reimburse any expenses for the workshop from the Retreats and Marathons account.

The next CIIG meeting is Thursday, January 7th, 2016

The meeting closed with a prayer and was adjourned at 8:25 p.m.

Respectfully submitted 12/15/15,
Natalie Gray

CIIG TREASURER'S REPORT NOVEMBER 2015

ASSETS:

CIIG donation	14.00
Natalie G. return for Region 11	425.00
Goleta Mon. & Thurs.	
#s 36342 & 15648	<u>109.00</u>
	548.00

LIABILITIES

Verizon	60.24 59.28
Amy for Intervice and flyers for Workshop	<u>82.84</u> ✓
	143.08

Union Bank as of Nov.11	1,027.07
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,634.08

CIIG Meeting Minutes
11/5/2015

Meeting called to order at 7:30 pm

Opening Prayer and 7th tradition

Members present: Laura (Monday S.B. meeting. rep.), Rick (visitor), Jock (Chair and Wednesday Ventura meeting rep.), Daniel (visitor), Natalie G. (Recording Sec. and R2 Rep.), Amy W. (Retreats and Marathons Chair), Barbara G. (Treasurer and Thursday Goleta meeting rep.), Andy V. (Monday Ventura 7PM meeting rep.), Jill (Saturday Ventura meeting rep.), Stephanie (SB outreach and Wednesday S.B. meeting rep.)

Announcements: None

Stephanie elected as Business Secretary and Natalie G. elected as Recording Secretary

Treasurer's Report: There were a lot of donations received from the various groups during the month of October.

Assets:

CIIG Meeting	\$25.00
Sat. Ventura #36038	135.40
Mon. Ventura #31329	180.00
Mon. Ventura #51450	50.00
Wed. Ventura #35960	48.00
Fri. Santa Barbara #00243	<u>39.00</u>
Subtotal	\$477.40

Liabilities:

Verizon for March	\$59.28
P.O. Box Annual Rent	<u>66.00</u>
Subtotal	\$125.28

Union Bank Balance as of Sept. 30th \$421.48

Union Bank Prudent Reserve	1,006.46
Chase bank Retreats and Marathons fund	1,634.08

Barbara wanted to know if we'd like her to look into putting the prudent reserve money into an interest-bearing account. A motion was made that she does so. It was seconded and passed.

Business Secretary: OA is seeking stories from members for a new publication about body image and sexuality. WSO is hosting a series of virtual workshops in 2016 on "Service and My Recovery." Stephanie passed around the flyers for these events so that reps could announce them at their meetings.

InterVoice: Thanks to Amy W for serving as the InterVoice editor. She delivered the November/December issue. As this was Amy's last month as editor, this is a service position that needs to be filled. Both Amy and Natalie G are happy to offer assistance to anyone who wishes to fill this position.

Webmaster: Haley wasn't at this meeting. Natalie G. texted her, and she said she'd be dealing with some issues, but would be at the meeting in December.

Retreats and Marathons: Flyer for December 5th workshop printed and distributed. Reps please announce to all groups. Andy re-sent the email with the pdf of the flyer to all CIIG board members and meeting reps. Natalie suggested that each rep could then forward the flyer to those in their groups who have provided emails. It is looking like we will be holding a raffle at the workshop.

Santa Barbara Outreach: Stephanie filled out the application to hang our poster at the S.B. library. She will bring it in this month. She also brought the small "Is Food a Problem for You?" post-its and some pre-printed labels to hand out to anyone who wanted them.

Ventura Outreach: Sherrice not in attendance.

R2 Rep.: Natalie was unable to attend the fall assembly in Fremont/Newark. She will find out what happened and give a report at the December meeting.

Old Business:

- None

New Business:

- Laura will research getting either a lower price on the current bill for our voicemail, or going with a cheaper carrier (a Google voicemail box is still a possibility).
- Rick elected as the R2 Alternate.

The meeting closed with the "we" version of the "Serenity Prayer" and was adjourned at 8:25 p.m.

Respectfully submitted 11/6/15,
Natalie Gray

CIIG TREASURER'S REPORT OCTOBER 2015

ASSETS:

CIIG donation	25.00
Sat. Vent.#36038	135.40
Mon. Vent.#31329	180.00
Mon. Vent.#51450	50.00
Wed.Vent.#35960	48.00
Fri.S.B.#00243	<u>39.00</u>
	477.40

LIABILITIES

Verizon	59.28
PO Box annual rent	<u>66.00</u>
	125.28

Union Bank as of Sept. 30	421.48
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,634.08

CIIG TREASURER'S REPORT SEPTEMBER 2015

ASSETS:

CIIG donation	43.00
OJAI # 47208	109.00
Goleta #'s 32642 & 15648	<u>113.47</u>
	265.47

LIABILITIES:

Verison	59.37	58.37
Natalie G. Region 2 convention	<u>425.00</u>	
#2972	484.37	

Union Bank	686.85
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,634.08

CIIG TREASURER'S REPORT AUGUST 2015

ASSETS:

CIIG donation	17.00
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LIABILITIES:

Verison	58.37
Natalie G. Region 2 convention	<u>451.04</u>
	509.41

Union Bank	1,297.90
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,634.08

8/6/15

Meeting called to order at 7:30 pm

Opening Prayer and 7th tradition

Members present: Natalie (R2 Rep & Business Secretary), Barbara (Treasurer & Acting Chair), Andy (Mon. 7pm VTA), Tina M.C (Ojai), Ariana (recording secretary), Stephanie (SB Outreach), Barry (Fri 10:30am-SB), Jock (Wed 12PM VTA)

Announcements: None.

Stephanie read July minutes. Natalie made a motion to accept as submitted and Barry 2nd. Approved.

Treasurer's Report:

Assets:

CIIG Donation	\$21.36
Ventura #31329	\$60.00
Santa Barbara #11982	\$36.00

Total	\$119.36

Liabilities:

Verizon	\$58.55
Jocelyn K Newcomer packets	\$9.00

Total	\$67.55

Union Bank as of	\$1,197.61
Chase bank women's retreat fund	\$1,634.08
Savings Account	\$1,006.46

Business Secretary: No report

Intervoice: No report

Webmaster: Still an open position.

Retreats and Marathons:

- Approximately 9 ideas for next retreat/workshop. Committee will work together to make a decision, tentative date is November 2015.

Santa Barbara Outreach:

- Stephanie is waiting to connect with Daniel to visit recover homes with flyers.
- Stephanie posted flyers in Ventura Trader Joe's in the employee area.
- LMFT reached out to Stephanie. Stephanie will review Professional Outreach manual and will give LMFT pamphlets.

Ventura Outreach: No report.

R2 Rep.:

- Natalie was asked to send R2 CIIG bylaws. 4 changes were requested to be in compliance.
 - 1) Change "above" to "beyond"
 - 2) Add definition of a "group" or reference to OA Inc. Bylaws subpart B, Article 5.
 - 3) Add "except as provided by...."
 - 4) Add "Dissolution in order to deregister an intergroup must submit a written notice to the World Service Office, Region Chari and Region Trustee" to bylaw#10.

Old Business

- Next Workshop?
- "Women's Retreat Fund" bank account is actually "Retreat Fund"

New Business:

- Natalie brought up the opportunity for R2 to host a workshop for the CIIG representatives.
 - Workshop suggestion: practical applications of the traditions.
- Natalie will e-mail R2 to see if September 12th or September 19th works for a group workshop.
- Natalie brought extra pamphlets to distribute to groups.

The meeting was adjourned at 8:30 p.m.

****Next Meeting, Thursday October 1st 2015 at 7:30 PM****

CIIG TREASURER'S REPORT JULY 2015

ASSETS:

CIIG donation	21.36
Ventura #31329	60.00
Santa Barbara #11982	<u>36.00</u>
	119.36

LIABILITIES:

Verison	58.55 58.38 ✓
Jocelyn K. newcomer pkts.	<u>9.00</u>
	67.55

Union Bank	1,197.61
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat <i>fund</i>	1,634.08

Checking account bal: as of 11/28:	2,075.07
Prudent reserve	1,006.46
Savings account balance:	1,006.46

CIIG JUNE TREASURER'S REPORT

ASSETS:

CIIG meeting	13.00
Ven. 10 am Sat. #36038	168.00
Mon & Thurs. Goleta	
#'s 32642 & 15648	<u>117.84</u>
	298.84

LIABILITIES:

VERIZON	58.35 ✓
Jocelyn Kremer for Word press	20.00 ✓
rent to church july-dec. <i>\$2000</i>	<u>120.00</u>

Checking balance	703.44
women's retreat funds	1,634.08

6/4/15

Meeting called to order at 7:30 pm

Opening Prayer and 7th tradition

Members present: Natalie (R2 Rep & Business Secretary), Erik (Chair and Thurs. SB rep.), Barbara (Treasurer), Andy (Mon. 7pm VTA), Janine (Fri 10am SB), Chuck (Sat. 10am VTA), Laura (visitor), Ariana (recording secretary), Stephanie (SB Outreach)

Announcements:

- R2 Convention is June 26th –June 28th in San Diego. For more information, visit OAR2.org.
- May 9th Workshop was a success. \$20-\$30 in overages and 28-29 attendees.

Minutes from the May meeting were read. Natalie made two spelling changes and Ariana amended. Barbara made a motion to accept as amended and Laura. Approved.

Treasurer's Report:

Assets:

CIIG Meeting	\$26.00
Friday night SB Closed Meeting	\$27.00
Retreat Security Deposit Returned	\$240.00
Overage from Workshop	\$200.00

Liabilities:

Verizon for April	\$58.38
Payment to Amy-Intervoice	\$19.44
R2 expense reimbursement to Natalie	\$110.00

Union Bank as of 6/01 \$703.44

Chase bank women's retreat fund \$1,634.08

Savings Account \$1,006.46

Business Secretary:

- Jocelyn paid \$20.00 to Word Press for website storage. Barbara will reimburse Jocelyn.

- New OA book "Taste of Lifeline"- a collection of stories from Lifeline will be released in 3rd Quarter.
- New "Voices of Recovery" workbook released.
- Lifeline representative position is available. Reps help place subscriptions for meetings and/or individuals.
- SD "Reach Out" Newsletter was received. Newsletter will be given to Amy for ideas for our CIIG Intervice. Natalie offered to send Intervice link to all CIIG members.

Intervice: All reps and fellows please see if there are any members who would be willing to contribute written pieces to the Intervice.

Webmaster: Still an open position. Jocelyn and Natalie G. working behind the scenes to maintain. Word Press storage paid for the next year. Please make announcement in meetings that position is available. Let all fellows know there is a widget to sign up for the e-mail list that will provide up to date information.

Retreats and Marathons: Retreat review:

- Marci worked Steps 3-7 on May 9th 2015. 28-29 attendees and wonderful feedback from event.
- Reps to ask their groups what kind of workshop they would be interested in us hosting. Idea's included:
 - Sponsorship, Forming a Meeting & How to Use the tools

Santa Barbara Outreach:

- Stephanie will complete application to post OA poster inside the locked cabinet at the SB Public Library.
- Erik distributed to Goleta Public library and they only have (3) pamphlets left. Erik connected with UCSB Student Health Building and will leave pamphlets there. Natalie provided more pamphlets to Erik to distribute.
- Natalie will print more contact & QR code stickers and mail them to Stephanie.
- Janine will distribute pamphlets to Westmont College.
- Laura suggested to take pamphlets to Alano Clubs.

Ventura Outreach: No report.

R2 Rep.:

- Natalie distributed her organized notes from the R2 Assembly meeting.
- Natalie provided (1) copy for each meeting of the R2 Spring Newsletter.
- Natalie distributed the Region 2, 7th tradition report broken down by individual meetings. All CIIG meetings highlighted in yellow. [R2] needs a new trustee (rep for World Service) There is more information on the Intervice.

- Convention for Region 2, "I put my hand in yours" is June 26-28 in San Diego. OAR2.org for more information.

Old Business

Natalie read insurance statement from R2 OA Handbook for Members, Groups and Service Bodies, summarizing that each group is responsible for purchasing their own liability insurance policy. If the meeting is in a home, make sure the homeowner has liability insurance to cover the meeting.

New Business:

- R2 is available to host a workshop for the CIIG representatives. Natalie will reach out regarding the 3 hour workshop opportunity.
- Laura asked if CIIG would be open to purchasing New Comer packets for the Monday night SB meeting. Natalie made a motion to purchase (10) packets, (5) will be distributed to Monday night SB meeting and (5) will be kept in CIIG for a meeting that has a need but no funds to purchase. Barbara 2nd, all approved. Barbara will purchase and bring to next meeting.
- Natalie suggested that we order an up-to-date copy of the OA Handbook for Members, Groups and Service Bodies for the CIIG records. Barbara will order and bring to next meeting.
- Please ask meetings what they would like to see for the next workshop.
- Please confirm that each individual meeting has a representative at the CIIG level.
- Meeting sign in sheet available from OA LA Intergroup's website at <http://www.oalaig.org/our-intergroup/intergroup-forms.html>. Ariana downloaded PDF and sent to CIIG group. Natalie will upload to CIIG website. This meeting sign in sheet will allow meetings to track how many newcomers are visiting our meetings.

The meeting was adjourned at 8:30 p.m.

****Next Meeting, Thursday July 2nd 2015 at 7:30 PM****

CIIG MAY TREASURER'S REPORT

ASSETS:

CIIG meeting	26.00
Friday night SB closed meeting	27.00
Ojai Valley Woman's Club	
security deposit returned	240.00
profit from Workshop	<u>200.00</u>
<i>overage</i>	493.00

LIABILITIES:

VERIZON	58.35
Payment to Amy/Intervoice	19.44
R2 Convention	<u>110.00</u>
	187.89

Checking balance	703.44
women's retreat funds	1,634.08

5/7/15

Meeting called to order at 7:30 pm

Opening Prayer and 7th tradition

Members present: Jock (Wed. noon mtg. VTA), Amy (Intervoice editor and Retreats & Marathons Chair), Natalie (R2 Rep & Business Secretary), Sherrice (Tues. Ojai Mtg. & Outreach Ventura), Erik (Chair and Thurs. SB rep.), Barbara (Treasurer), Barry (Fri. 10:30am, VTA), Andy (Mon. 7pm VTA), Janine (Fri 10am SB), Chuck (Sat. 10am VTA), Laura (visitor), Daniel (Wed. 7:30PM SB), Ariana (recording secretary), Stephanie (SB Outreach)

Announcements: May 9th Steps 3-7 workshop in Ojai 9AM-3PM

Minutes from the April meeting were read. Andy made a motion to accept as amended and Barry 2nd. Approved.

Treasurer's Report:

Assets:

CIIG Meeting	\$15.00
Mon & Thurs 12PM Goleta	\$45.00
Sun SB #11982	\$18.34
Mon 8:45AM VTA #51450	\$40.00

Liabilities:

Verizon for April	\$58.38
R2 expense reimbursement to Natalie	\$223.80

Union Bank as of 1/30	\$1,239.04
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Chase bank women's retreat fund	\$1,634.08
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Savings Account	\$1,006.46
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Business Secretary: None

Intervoice: Fresh off the press! All reps and fellows please see if there are men who would be willing to contribute some written pieces to the Intervoice.

Webmaster: Still an open position. Jocelyn and Natalie G. working behind the scenes to maintain. Please make announcement in meetings. Let all fellows know there is a widget to sign up for the e-mail list that will provide up to date information.

Retreats and Marathons: This Saturday May 9th workshop made and distributed. Committee is considering having a fun family gathering for OA members in Carpinteria (e.g., a movie night on the beach, etc.)

Santa Barbara Outreach: Stephanie posted at SB Library. Daniel said he can post at his work in SB.

Ventura Outreach: No report.

R2 Rep.: Natalie asked all reps to take back the following to their groups:

- Region 2 needs a new trustee (rep for World Service) There is more information on the Intervice.
- Personally invite a good candidate for this position.
- Convention for Region 2, "I put my hand in yours" is June 26-28 in San Diego. OAR2.org for more information.

Old Business:

None

New Business:

- Tuesday 6:30PM Ojai meeting has moved from St. Andrews to Ojai Community Church between Ojai and Mira Monte.
- Laura gave \$27 to CIIG on behalf of Friday night SB meeting (closed).
- Possible professional outreach position to be considered.
 - H & I Chair
 - Natalie has manual
 - Laura suggested we get school faculty involved to invite students.
- Jock suggested a Carpinteria meeting. All reps to ask meetings if anyone has interest. Jock will be the contact for this "suggested" meeting. Jock-707-478-1806 and jockodossa@gmail.com (?)
- Natalie suggested add our meetings to all the Alano club lists.
- Daniel suggested to add our contact information to "211" sheet his work provides.
- Erik received a call from Gary in Ventura with questions regarding insurance.

The meeting was adjourned at 8:30 p.m.

CIIG APRIL TREASURER'S REPORT

ASSETS:

CIIG meeting	15.00
donations:	
Mon. & Thurs. noon Goleta #s 22642 & 15648	45.00
Sun. Santa Barbara #11982	18.34
Mon. 8:45 AM Ventura #51450	<u>40.00</u>
	118.34

LIABILITIES:

VERIZON	58.60
Natalie G. for Region 2 expenses	<u>223.80</u>
	282.40

Chase bank women's retreat funds	1,634.08
Union Bank as of 1/30	1,239.04
savings acct.	1,006.46

4/7/15

Meeting called to order at 7:30 pm

Opening Prayer and 7th tradition

Members present: Margot (visitor), Jock (Wed. noon mtg. VTA), Amy (Intervoice editor and Retreats & Marathons Chair), Natalie (R2 Rep & Business Secretary), Sherrice (Tues. Ojai Mtg. & Outreach Ventura), Erik (Chair and Thurs. SB rep.), Barbara (Treasurer)

Announcements: Showed the flyer for May 9th workshop in Ojai; the Saturday SB rep position is open.

Sherrice acted as Recording Secretary for this meeting. Minutes from the March meeting were read. Sherrice made a motion to accept as amended and Barbara 2nd. Approved.

Treasurer's Report (Since she took over as treasurer, Barbara realized that her records don't match the bank statement, so she will balance everything):

Assets:

CIIG Meeting	\$18.00
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Liabilities:

Verizon for March	\$58.38
R2 expense reimbursement to Natalie	149.00
Reimburse Stephanie for posters	13.52
Union Bank as of 1/30	\$1,644.44

Chase bank women's retreat fund	1,634.08
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Business Secretary: San Diego sent us their Reach Out

Intervoice: All reps and fellows please see if there are men who would be willing to contribute some written pieces to the Intervoice.

Webmaster: Still an open position. Jocelyn and Natalie G. working behind the scenes to maintain.

Retreats and Marathons: Flyer for May 9th workshop made and distributed. Discussed email list for distribution and Natalie G. mentioned the widget that is no on the website where people can sign up and get notifications when we post no information like events. Committee is considering having a fun family gathering for OA members in Carpinteria (e.g., a movie night on the beach, etc.)

Santa Barbara Outreach: Stephanie showed us the poster that she printed off with local information.

Ventura Outreach: Sherrice put information about OA in the Meiner's Oaks library. Natalie G. has put pamphlets and old Lifelines outside the library in Ojai.

R2 Rep.: Natalie gave a full report to the board (who each received a copy). She also handed out a little "newsletter" to be distributed to members at the meetings about the resources and information available from Region 2. A motion was made to approve estimated funds of \$369.40 to send Natalie to the R2 Convention. It was seconded and approved.

Old Business:

Request to start an email chain/database was revisited. There was more discussion. Natalie reminded everyone of the new subscription widget on the CIIG website. No further motion or action on this.

Motion to move our CIIG meeting from the first Tuesday of the month to the first Thursday of the month, if the room is available. Barbara reported that the room is available. The motion was seconded by Sherrice and passed. Starting in May, we will meet on the first Thursday of each month. Barbara will let the church know.

New Business:

Natalie made a motion that we schedule a free, 3-hour workshop for us, the CIIG board, from R2 with the theme "Service, Traditions, Concepts", which we can request to modify based on our needs (e.g., retaining members, supporting new members, etc.) The motion passed.

The meeting was adjourned at 8:30 p.m.

R2 Report for CIIG Board – Spring 2015 Assembly

Prepared by Natalie G.

R2 is looking for a Region 2 Trustee. Requirements are below. Anyone we can think of in our area who might be interested?

7 years in OA

5 years of continuous and current abstinence including 2 years of maintaining a healthy body weight

5 years of service beyond the group level

Attendance as a delegate to 2 WSBCs

Completion of all 12 Steps and maintaining recovery throughout term of office.

R2 includes: CA, northern NV, Hawaii, and Mexico. Here are the area groups that contributed to Region 2:

Goleta, Mon. 12PM (#32642): \$58.58

Goleta, Thur. 12PM (#15648): \$58.58

Ojai, Tues. 6:30PM (#47208): \$26.80

Santa Barbara, Mon. 7:30PM (#51002): \$24.30

Santa Barbara, Wed. 7:30PM (#36031): \$20.00

Santa Barbara, Thur. 6PM (#52866): \$18.00

Ventura, Mon. 8:45AM (#51450): \$20.00

Ventura, Wed. 12PM (#35960): \$60.00

Ventura, Sat. 10AM (#36038): \$160.00

WSO offers second Sunday workshops via telephone, and all are available online by going to www.oa.org and clicking on "Podcasts" in the dark blue bar at the top of the page.

Region 2 offers free workshops to Intergroups; the most common being a "Service, Traditions & Concepts" workshop. All workshops can be tailored to fit our Intergroup's needs. Any OA member can attend these workshops. I have made a motion to book a workshop for our Intergroup.

I move that we schedule a free, 3-hour workshop for us, the CIIG board, from R2 within the next 3 months, with the theme "Service, Traditions, Concepts", which we can request to modify based on our needs (e.g., retaining members, supporting new membership, etc.)

R2 Spring Assembly Costs:

Registration:	\$30.00
Room:	\$255.46
Gas/mileage:	\$57.40
Meals:	\$46.92
Copies of Reports	<u>\$10.00</u>
Total:	\$342.38

R2 convention is coming up. The estimated cost to CIIG to send the R2 Rep is:

Registration:	\$40
Room:	\$212
Gas/mileage:	\$57.40
Meals:	<u>\$80</u>
Total:	\$369.40

Does anyone know who has the Public Information Service Manual? We had one, and I can't remember who we passed it on to.

Items for consideration and action:

- OAR2 has a brand new web-design. It is very nice. They will host our website there. I would be happy to do some research to see if it might work better for us to switch (money-wise and ease-of-use-wise). Shall I do so?
- Create the position of Hospitals and Institutions Chair and support that person in bringing OA's message to our area hospitals and institutions (see the Public Information Service Manual, which I think one of us has).
- Would our Intergroup ever be interested in hosting the R2 Convention?
- Should we have a booth at the Ventura County Fair?
- Should we have a social event (ala NA's mini-golf night or speaker and dance night) for CIIG?

IMPORTANT REMINDERS FOR YOUR GROUPS:

- If you listen to podcasts, attend phone or online meetings or the call-in workshops, remember to please honor the 7th tradition and send it in to WSO. It is great to have these online resources, and it often means that the 7th tradition gets overlooked. If you want OA to survive, it needs our financial support. (An example of this: One of the reasons that the meeting finder has been so clunky the last year or so is that WSO did not have the funds to fix it.) I figure I never thought twice about paying any amount of money for my addiction; why wouldn't I treat my recovery even better?
- There are SO MANY resources available to us—it's unbelievable! You don't have to know about all of them now, so just start somewhere. One good place to start is the R2 website: www.oar2.org. You can find:
 - A list of events happening in Region 2: <http://www.oar2.org/events/index>
 - Podcasts from past R2 Conventions: <http://www.oar2.org/convention/audio-library>
 - The R2 semi-annual newsletter: <http://www.oar2.org/about-r2/latest-news>
- Did you know? Overeater's Anonymous is structured as an upside down pyramid. Whereas in most organizations, the individual (at the bottom) serves the organization (at the top), in OA, the organization (WSO at the bottom) serves the individual (at the top). Going from the top down, then, in OA, it is the individual, the group, the intergroup (if there is one), the region, and finally World Service. These service bodies exist to serve the individual and the groups and to spread the message of OA. In other words, you, as the individual are the driver of what the service bodies do. Please remember that without your participation, either through service in these bodies or speaking up to let your voice be heard, OA is without guidance.

Region 2 is looking for an R2 Trustee

Requirements are below. If you want to really up your level of recovery and are interested in service, this position could have your name on it!

- 7 years in OA
- 5 years of continuous and current abstinence including 2 years of maintaining a healthy body weight
- 5 years of service beyond the group level
- Attendance as a delegate to 2 World Service Business Conferences
- Completion of all 12 Steps and maintaining recovery throughout term of office.

DID YOU KNOW?

Region 2 includes California, northern Nevada, Hawaii, and Mexico.

Here are the CIIG groups that contributed to Region 2:

- Goleta, Mon. 12PM (#32642): \$58.58
- Goleta, Thur. 12PM (#15648): \$58.58
- Ojai, Tues. 6:30PM (#47208): \$26.80
- Santa Barbara, Mon. 7:30PM (#51002): \$24.30
- Santa Barbara, Wed. 7:30PM (#36031): \$20.00
- Santa Barbara, Thur. 6PM (#52866): \$18.00
- Ventura, Mon. 8:45AM (#51450): \$20.00
- Ventura, Wed. 12PM (#35960): \$60.00
- Ventura, Sat. 10AM (#36038): \$160.00

IMPORTANT REMINDER

If you listen to podcasts or attend phone or online meetings or the call-in workshops, please remember to honor the 7th tradition and contribute to WSO. It is great to have these online resources, and it often means that the 7th tradition gets overlooked. If you want OA to survive, it needs our financial support. (An example of this: One of the reasons that the oa.org meeting finder has been so clunky the last year or so is that WSO did not have the funds to fix it.) I figure I never thought twice about paying any amount of money for my addiction; why wouldn't I treat my recovery even better?

EXTRA!! EXTRA!!

WSO offers second-Sunday workshops via telephone, and all are available online by going to www.oa.org and clicking on "Podcasts" in the dark blue bar at the top of the page.

There are SO MANY resources available to us—it's unbelievable! You don't have to know about all of them now, so just start somewhere. One good place to start is the R2 website: www.oar2.org. You can find:

- A list of events happening in Region 2: <http://www.oar2.org/events/index>
- Podcasts from past R2 Conventions: <http://www.oar2.org/convention/audio-library>
- The R2 semi-annual newsletter: <http://www.oar2.org/about-r2/latest-news>

DID YOU KNOW?

Overeater's Anonymous is structured as an upside down pyramid. Whereas in most organizations, the individual (at the bottom) serves the organization (at the top), in OA, the organization (WSO at the bottom) serves the individual (at the top).

Going from the top down, then, in OA, it is the individual, the group, the intergroup (if there is one), the region, and finally World Service. These service bodies exist to serve the individual and the groups and to spread the message of OA. In other words, you, as the individual are the driver of what the service bodies do. Please remember, that without your participation, either through service in these bodies or speaking up to your intergroup or region representative to let your voice be heard, OA is without your guidance.

CIIG MARCH TREASURER'S REPORT

ASSETS:

CIIG meeting	18.00
SB Wed. meeting #36301	

LIABILITIES:

Verizon March	58.38 58.75
R2 expenses to Natalie G.	149.00 ✓
Stephanie for posters	<u>13.52</u> ✓
	220.90

Chase bank women's retreat funds	1,634.08
Union Bank as of 1/30	1,644.44

Called to order: 7:30 PM

Opening Prayer, Introductions, 12 traditions and 7th Tradition

Members Present: Stephanie J (SB Outreach), Molly K (Co-Chair), Barbara (Business Secretary & Treasurer), Ariana (Recording Secretary), Barry (Fri 10:30 AM-Ventura), Sherrice (Outreach-Ventura), Andy (Saturday 10:00AM-Ventura), Raven (Th 12:00PM-Goleta), Spencer, Amy (Intervoice Editor & Marathons/Retreats) and Natalie (R2 Rep).

Minutes were accepted. Barry motion, Ariana 2nd.

Treasurer's Report: Our account balance is \$1,875.83 as of 1.30.15 and our prudent reserve balance is \$1,006.46. Retreat account is \$1,634.08. Reviewed assets and liabilities. Report given to Amy to include meeting distribution on intervoice. Motion to approve treasurer's report by Sherrice, Molly 2nd-accepted.

Business Secretary Report: R2 pamphlet given to Natalie for review.

Intervoice: New issue hot off the press and passed out to all reps.

Web Master: Updated with newsletter. Position still available. In meantime, Natalie & Jocelyn are updating meeting guide & events.

Retreats and Marathons: Tentative date set for Saturday May 9th from 9AM-3PM. Location and Speaker to be determined. Focus of Steps 3-7. By next meeting the committee will have flyers to promote the workshop. Barry expressed that he would like to be a part of committee and shared e-mail address with Amy. Workshop committee- Natalie, Amy, Stephanie, Barry, Sherrice, Molly and Barry. Molly will reach out to Ojai Women's Club, other location suggestions include: Goleta OA church location, and IGR meeting OA church.

Region 2: Natalie is registered for next assembly event. All reps to ask individual meetings for anything they would like to bring to next assembly. R2 Newsletter is looking for stories for their next newsletter, all reps please ask their meetings if they would be interested in sharing their experience, strength and hope. Professionally designed ads and newsletter formats are available on the R2 website for use. All AA literature is not to be changed in individual meetings, we have the authorization to change our 12 traditions and 12 steps only-all other material must remain as written in the Big Book or other AA material. Any time the IGR makes a change (bylaws), they must be sent to R2 trustee (Meg). Natalie will send bylaw revisions that were made in 2013.

SB Outreach: Stephanie printed wonderful OA posters for outreach. ½ were dispensed for SB outreach, ½ were dispensed for Ventura area. Stephanie will post at Bill's copy shop and libraries in SB area.

Ventura Outreach: Sherrice dropped off pamphlets in Dr.'s offices in the Ventura area.

Old Business:

- 1) Natalie made a motion that the World Service Position to remain unfilled until someone with 2 years abstinence has expressed an interest in position. Sherrice 2nd, all approved.

- 2) Natalie's research on whether our insurance policy covers all meetings or just IGR meetings concluded that only IGR meetings and marathons/retreats are covered. Individual meetings must provide their own insurance if their meeting location requires.

New Business:

- 1) Barry's Friday 10:30AM Ventura meeting is requiring proof of insurance policy. He wanted to confirm that our current CIIG insurance policy does not cover individual group meetings. All reps please take back this information to individual meetings. If meeting location requires insurance policy, it is the responsibility to individual groups to provide an insurance policy per Natalie's report.
- 2) Amy requested that we start an e-mail chain/database with all members of CI OA. Andy suggested we add a widget to the OA CIIG homepage so that people can request to receive newsletters and other information via e-mail. Each representative will also bring in a paper copy so that interested members can provide their e-mail and Natalie will enter each address manually.
- 3) Stephanie asked if changing our CIIG meeting date to a Saturday afternoon would increase attendance. After reviewing our meeting guide, it was suggested that we look into changing the Tuesday 7:30PM meeting to Thursday 7:30PM. Barbara will contact church to see if Thursday 7:30PM is available to use the room. Mollie made a motion that if the room is available on Thursday at 7:30PM, we move our CIIG meeting to this day. Sherrie-2nd and all approved but will have an official vote at the April meeting.

Meeting Adjourned at 8:30pm

Respectfully submitted, Ariana

CIIG FEBRUARY TREASURER'S REPORT

ASSETS:

CIIG meeting	13.50
SB Wed. meeting#36301	<u>60.00</u>
	73.50

LIABILITIES:

Stephanie for pamphlets	50.45
Verizon Jan.	56.58
Verizon Feb.	<u>58.75</u>
	165.98

Chase bank women's retreat funds	1,634.08
Union Bank as of 1/30	1,875.83

Called to order: 7:30 PM

Opening Prayer, Introductions and 7th Tradition

Members Present: Stephanie J (SB Outreach), Molly K (Co-Chair), Barbara (Business Secretary & Treasurer), Ariana (Recording Secretary), Barry (Fri 10:30 AM-Ventura), Erik (Chair), Sherrice (Outreach-Ventura), and Andy (Saturday 10:00AM-Ventura).

Announcements: Rick will be the new Saturday AM Santa Barbara representative.

Minutes were accepted. Erik motion, Molly 2nd.

Treasurer's Report: Our account balance is approximately \$1,887.42 and our prudent reserve balance is \$1,006.46. Women's Retreat account is \$1,634.08. Reviewed which each account represents. Checking is for our operating expenses. Savings account is for our prudent reserve. Women's retreat funds for a retreat/workshop. Motion to approve treasurer's report by Sherrice, Molly 2nd-accepted.

Business Secretary Report: Barbara passed around San Diego "Reach Out" newsletter and new literature brochures.

Intervoice: No report.

Web Master: Position still available. In meantime, Natalie & Jocelyn are updating meeting guide & events.

Retreats and Marathons: Erik concerned about timeline for spring workshop. Chair decided early May. Workshop committee- Amy, Stephanie, Barry, Sherrice and Molly. Barbara suggest Goleta OA church location, IGR meeting OA church or Ojai Women's club locations for spring workshop.

Region 2: No report.

SB Outreach: Poster rejected by SB public library due to wrinkle on page and not enough information about meeting times/locations. Stephanie presented nice display for pamphlets. Stephanie ordered and was reimbursed for 200 new pamphlets. Board approved to order 20 new posters-10 SB/10 Ventura. Sherrice will get with Stephanie to collect & dispense brochures.

Ventura Outreach: No report.

Old Business:

- 1) World Service Position to be discussed at next meeting whether we will make this an available position or not. WS attendance would cost more than we have in both bank accounts combined. IGR reps take it to each meeting to discuss if anyone is interested or if they feel we need this position right now.
- 2) Natalie is researching whether our insurance policy covers all meetings or just IGR meetings.

New Business:

- 1) Barbara motion to change "Women's Retreat" account to "General Retreat" account. Erik 2nd, motion approved.

- 2) Andy asked if we have a P&L (profits & loss) statement or if we report each clubs contribution to IG. Barbara made a motion to add each clubs' contribution to the Intervoice newsletter. Andy 2nd & motion accepted. Will notify Amy before next Intervoice is distributed.

Meeting Adjourned at 8:30pm

Respectfully submitted, Ariana

CIIG JANUARY 2015 TREASURER'S REPORT

ASSETS:

CIIG Dec. meeting	13.00
CIIG Jan. meeting	17.00
Sat. Vent. # 36038	100.00
SB Meeting Closed	38.40
SB meeting closed Tues.	<u>136.08</u>
	304.48

LIABILITIES:

R.V. Nuccio Insurance	315.00 ✓
Church rent Jan-June #2958	120.00
Amy W. Intervice	<u>21.60</u>
	456.60

Chase bank women's retreat funds 1,634.08
no other bank statements this month.

Bank acct.	1,875.64
Prudent Reserve	1,006.46

Called to order: 7:30 PM

Opening Prayer, Introductions and 7th Tradition

Members Present: Stephanie J (SB Outreach), Pamela (Monday 7:00 PM- Ventura), Barbara (Business Secretary & Treasurer), Ariana (Recording Secretary), Barry (Fri 10:30 AM-Ventura), Erik (Chair), Natalie (R2 Rep & Retreats/Marathons), Andy (Saturday 10:00AM-Ventura) and Amy (Intervoice Editor).

Announcements: 12 Steps Phone Conference on Second Sundays of 2015. Phone # (424) 203-8405 Pin-925619#. More information at oa.org (select datebook/calendar tab). Santa Barbara Tuesday 5:30PM & Santa Barbara Thursday 6PM meetings have closed.

Minutes were accepted. Motion-Natalie, 2nd Pamela.

Treasurer's Report: None. Barbara G. elected as new treasurer.

Business Secretary Report: Pre- registration open for March Region 2 Assembly meeting. Flyer given to Natalie G.

Intervoice: January/February intervoice hot off the press! Discussed the definition of "closed" meeting discussed. Amy will research further and report next meeting. 1/23-1/25 OA 55th Birthday Party in LA. More information on intervoice.

Web Master: Position still available. In meantime, Natalie & Jocelyn are updating meeting guide & events.

Retreats and Marathons: Natalie resigned from position and Amy is considering the position. Natalie is still committing to a spring workshop. Stephanie called Sherrice & Molly and they will attend next IGR meeting and are willing to help with retreat.

Region 2: Natalie elected as Region 2 rep (Motion-Barbara, 2nd – Stephanie). Natalie advised the Region 2 Assembly meeting will cost approximately \$200-\$300 and group approved the amount. Natalie will put all charges on her Credit Card and will provide receipts for reimbursement.

SB Outreach: Stephanie posted to the SB Public Library. Natalie will send link to purchase OA posters to all SB & Ventura outreach positions.

Ventura Outreach: No report.

Old Business:

- 1) World Service Position to be discussed at next meeting whether we will make this an available position or not.

New Business:

- 1) Pacific Shores in Oxnard closed.

Meeting Adjourned at 8:22pm

Respectfully submitted, Ariana