

CIIG MEETING MINUTES 12-1-16

Approved min.  
1/5/17

The meeting began at 7:30PM; Laura called to order with the Serenity Prayer, introductions, and the 7th Tradition. The 12 traditions and 1 concept from the 12 Concepts were read.

Attending:

1. Laura – Chair, IGR Mon. Santa Barbara 7:35PM
2. Natalie G. – R2 Rep., Treasurer, Retreats and Workshops committee, Tues. OA meeting rep.
3. Barbara G. – IGR Mon. & Thurs. Goleta noon
4. Sydnee – IGR Thurs, 7PM Ventura
5. Abby – IGR Sun. 6PM Santa Barbara
6. Susan S. – IGR Sat. 10AM Ventura
7. Judy R. – Recording Secretary, Tues. 6:30PM Ojai

Announcements:

Recording Secretary: Correction to minutes; minutes approved as amended from Nov. 3<sup>rd</sup> meeting.

Business Secretary: No mail.

Treasurer's Report: Natalie closed phone account with Frontier for OA Information line and set up new free phone account on Google—phone number 805.947.0792.

UNION BANK CHECKING ACCOUNT

Assets:

Ojai Tues. 6:30PM #47208	\$90.00
CIIG Meeting 7 <sup>th</sup> Tradition	<u>\$19.00</u>
TOTAL	\$109.00

Liabilities:

Frontier Telephone bill pd on 11/17 via e-pay	<u>\$60.29</u>
TOTAL	\$60.29

Total Assets/Liabilities for November 2016: \$48.71

CHASE BANK CHECKING ACCOUNT

Assets:

Donations from Body Image Workshop	\$299.00
Sale of AA 12 & 12 at Body Image Workshop	<u>\$10.00</u>
TOTAL	\$309.00

Liabilities:

Check to Faith Lutheran Church (rent for workshop and use of bottled water)	<u>\$160.00</u>
	\$160.00

Total Assets/Liabilities for November 2016: \$149.00

UBOC CHECKING BALANCE AS OF 12/1/16	\$1,606.38
UBOC PRUDENT RESERVE AS OF 12/1/16	\$1,006.46
CHASE CHECKING (Retreats & Workshops) AS OF 12/1/16	\$1,897.29

**Preliminary Workshop Report:**

Expenses:

Rent for church & water used	\$160.00
Printing of flyers	<u>\$73.40</u>
	\$233.40

Income:

Donations received	<u>\$299.00</u>
	\$299.00
<b>TOTAL PROFIT/LOSS from Workshop:</b>	<b>\$65.60</b>

Intervoice: [No report given—Elaine unable to attend]

Web: No report given—Carla not present.

Retreats & Marathons: Natalie reported that a speaker is scheduled for the Feb. 2017 workshop. Topic will be Focus on Steps 10, 11 & 12 from the Big Book. Hoping to schedule for Feb. 11, 2017.

Outreach Ventura: Open position.

Outreach Santa Barbara: Open position.

**Professional Outreach:**

Sydnee opened discussion about printing or ordering flyers to distribute to the community. A motion was made and passed to order 300 copies of *Is Food a Problem for You?* Natalie will place the order along with *12-Stepping a Problem* cards.

Region 2: Natalie. R2 Service, Traditions & Concepts workshop discussed and when to hold it—Saturday in late March or early April.

**Old Business:**

- Natalie has made a request for the group to sponsor her as a WSO delegate. Topic was tabled until Jan. 5, 2017, meeting.
- Writing job descriptions for positions in group was postponed until June 2017.

**New Business:**

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Next meeting January 5, 2017.

Closing prayer.

Closed meeting at 8:15PM

Respectfully submitted,

Judy R.

## Channel Islands Intergroup Treasurer's Report for November 2016

### UNION BANK CHECKING ACCT:

#### Assets:

Ojai Tues. 6:30 pm #47208	\$90.00
CIIG Meeting 7th Tradition	\$19.00
	<u>\$109.00</u>

#### Liabilities:

Frontier Telephone bill pd on 11/17 via e-pay	\$60.29
	<u>\$60.29</u>

**Total Assets/Liabilities for November 2016:** **\$48.71**

### CHASE BANK CHECKING ACCOUNT:

#### Assets:

Donations from Body Image Workshop	\$299.00
Sale of AA 12 & 12 at Body Image Workshop	\$10.00
	<u>\$309.00</u>

#### Liabilities:

Check to Faith Lutheran Church (rent for workshop) and use of bottled water	\$160.00
	<u>\$160.00</u>

**Total Assets/Liabilities for November 2016:** **\$149.00**

**UBOC CHECKING BALANCE AS OF 12/1/16**

*\$1,606.38*

**UBOC PRUDENT RESERVE AS OF 12/1/16**

*1,006.46*

**CHASE CHECKING (Retreats and Workshops) AS OF 12/1/16**

**\$1,897.29**

### **Preliminary Workshop Report:**

#### Expenses:

Rent for church and water used	\$160.00
Printing of Flyers	\$73.40
	<u>\$233.40</u>

#### Income:

Donations received	\$299.00
	<u>\$299.00</u>

**TOTAL PROFIT/LOSS from Workshop:** **\$65.60**

Accepted as Amended  
12-1-16 JK

# CIIG MEETING MINUTES 11-3-16

The meeting began at 7:35 PM; Laura called to order with the Serenity Prayer, introductions, and the 7th Tradition. The 12 traditions and 1 concept from the 12 Concepts were read.

## Attending:

1. Laura – Chair, IGR Mon. Santa Barbara 7:35PM
2. Natalie G. – R2 Rep., Treasurer, Retreats and Workshops committee, Tues. OA meeting rep.
3. Barbara G. – IGR Mon. & Thurs. Goleta noon
4. Stephanie – IG Business Secy., Retreats and Workshops and Professional Outreach committees, IGR Wed. Santa Barbara 7:30PM
5. Janine – Vice Chair, IGR Fri. 10AM Santa Barbara, Professional Outreach & Retreats and Workshops Committees
6. Abby – IGR Sun. 6PM Santa Barbara
7. ~~Susan S. – IGR Sat. Ventura, 10AM (??)~~ Carla (webmaster)
8. Judy R. – Recording Secretary, Tues. 6:30PM Ojai  
Carla –

Recording Secretary Election: Natalie nominated Judy R. for Recording Secretary; nomination was seconded, voted on, passed and Judy R. elected as Recording Secretary.

Announcements: Janine announced newly designated International Day of Abstinence on 3<sup>rd</sup> Saturday in Nov. and Dec. 12 as 12<sup>th</sup> Step Within Day.

Recording Secretary: Correction to minutes; minutes approved from Oct. meeting

X Business Secretary: New book 12-step Workshop & Study Guide. New publication on body image.

## Treasurer's Report:

### Assets:

CIIG donation	\$15.00
Ventura Sat. 10AM #36038	180.00
S.B Wed. 7:30PM #36031	245.34
S.B. Sun. 6PM #11982	70.00
Goleta Mon. & Thurs 12 noon #'s 32642 & 15648	<u>120.00</u>
TOTAL	\$636.34

### Liabilities:

Natalie flyers for workshop	73.40
Community church rent Sept-Jan	<u>50.00</u>
TOTAL	\$123.40

Union Bank as of 9/30	999.92
Union Bank Prudent Reserve	1,006.46
Chase Bank retreat & marathons	1,748.29

Intervoice: Elaine not able to attend CIIG meetings but will continue to handle the Intervoice. Thank you Elaine!

Web: No report given.

Outreach Ventura: Open position.

Outreach Santa Barbara: Open position.

Professional Outreach: Committee has met five times--in attendance were Stephanie, Janine and Elaine. Their next meeting is Sunday, Dec. 11 at 12 noon at Stephanie's house in Carpinteria.

Region 2: Natalie attended the R2 conference in Costa Mesa. R2 report was distributed at meeting. Next R2 Convention is June 9-11, 2017, at the Hilton in Costa Mesa.

- R2 assembly costs were approved at \$470, and actual costs were \$472.88. Natalie donated the \$2.88 back to CIIG.
- R2 accepting donations of clothes, prizes and high-ticket donations for the fundraiser.
- Spanish newcomer's packet developed by Diversity Committee. Not yet available on OA.org, but hopefully soon.
- Pocket guides available for 12-Stepping a Problem and 12 traditions. Natalie made a motion to order a 200-card pack of 12-Stepping a Problem and 32 of the 12 Traditions guide to split among the groups. Cost is \$84 plus shipping. Motion seconded and passed.
- Natalie would like to become a WSO delegate and pass along the R2 position. Approximate costs set for in her report and up for discussion.

Old Business: Motion was made to adopt bylaws as amended—seconded and passed.

New Business:

- Cancel Verizon account.
- Writing job descriptions for positions in group.

Next meeting December 8, 2016.

Closing prayer.

Closed meeting at 8:40PM.

# CIIG TREASURER'S REPORT OCTOBER 2016

## ASSETS

CIIG donation	15.00
Vent. Sat 10 am #36038	180.00
S.B. Wed. 7:30 pm #36031	245.34
S.B. Sun 6 pm 3 11982	70.00
Goleta Mon & Thurs 12 noon #s 32642 & 15648	<u>120.00</u>
	636.34

## LIABILITIES

Natalie flyers for workshop	73.40
Community Ch. rent sept-jan	<u>50.00</u>
	123.40

Union Bank as of 9/30	999.92
Union Bank Prudent Reserve	1,006.46
Chase Bank retreat and marathons	1,748.29

## CIIG Meeting Minutes 10/6/16

The meeting began at 7:32 PM with the Serenity Prayer, introductions, and the 7th Tradition. The 12 traditions and 1 concept from the 12 Concepts were read.

### Attending:

1. Laura – Vice Chair, IGR Monday Santa Barbara 7:35 PM
2. Natalie G. – R2 Rep., Recording Secretary, Retreats and Workshops committee, Tues. OA meeting rep.
3. Barbara G. – Treasurer, IGR Mon & Thursday Goleta noon
4. Stephanie – IG Business Secy., Retreats and Workshops and Professional Outreach committees, IGR Wed Santa Barbara 7:30 PM
5. Amy W. – Chair, Retreats and Workshops Committee
6. Janine – IGR Friday 10 AM Santa Barbara, Professional Outreach & Retreats and Workshops Committees
7. Abby – IGR Sunday 6 PM Santa Barbara
8. Susan S. – IGR Sat. Ventura, 10 AM
9. Sydnee – IGR Thurs. Ventura 7 PM

**Announcements:** Natalie passed out flyers announcing the location change of the Thursday evening Ventura meeting. Laura handed out flyers announcing workshops in the Central Coast. Wednesday Santa Barbara 7:30 PM meeting is looking for a new location – any suggestions, please let Stephanie know.

### Treasurer's Report:

#### **Assets:**

CIIG donation	\$11.00
Ventura #36038	222.00
Ventura #35960	<u>72.00</u>
<b>Total</b>	<b>\$305.00</b>

#### **Liabilities:**

Frontier Telephone	\$60.31
Elaine (Intervoice printing & paper)	32.75
U.S. Postal Svc. annual box rental	<u>70.00</u>
	<b>\$93.06</b>

#### **Channel Islands Intergroup for Overeaters Anonymous** balances as of 8/31/16:

Checking (#0101323723)	\$1,431.21
Savings / prudent reserve (#0102724804)	\$1,006.46

#### Chase Bank:

Women's Retreat Account (#864611454)	\$1,748.29
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**Recording Secretary:** Minutes approved from the July and August meetings.

**Webmaster:** Carla is our new webmaster. She was unable to attend, but has made many updates to the CIIG website and changed the design of it. It looks marvelous. Thanks for your service, Carla!

*Approved 11-3-16*

**Business Secretary:** Got the ReachOut from the San Diego Intergroup. Stephanie suggested that Elaine might like to see it. San Diego also sent copies of their poster "Put an End to Yo-Yo Dieting".

**InterVoice:** Elaine can't attend CIIG meetings until the new year, but will still do the InterVoice.

**Retreats and Marathons:** The flyer for the November 12<sup>th</sup> workshop was passed out, and we made sure to cover the meetings that didn't have a rep in attendance. Between the 2 presenters there is over 40 years of abstinence. Natalie made a motion that the board fund us buying 4 each of the OA 12&12, the AA 12&12 and the Big Book, to have for sale at the workshop. The motion was passed. Laura mentioned that she has a Large Print Big Book to sell to any meeting who might want it. The committee is looking into a possible February workshop with Harlan and a possible retreat in the fall with Lawrie C on the 12 steps.

**Santa Barbara Outreach:** No report. Service position available.

**Ventura Outreach:** No report. Service position available.

**R2Rep:** Natalie G. attending the assembly from October 28-30 in Costa Mesa

**PO Committee:** The committee has had 3 meetings. They are going through the PI Manual to see what has come before. They are narrowing their focus. They will ask Elaine to put information from their volunteers wanted flyer in the InterVoice. The committee meets once a month on Saturdays. *Meets on Sundays*

**Old Business:**

- Phone not changed to Natalie's number. Made a motion and passed it to change the bylaws as amended (see attached) after groups have a chance to look at them and ask questions or raise objections.
- Laura handed out the "Handbook for Meetings..." to each IGR to give to their meetings.

**New Business:**

- CIIG board elections were held and the new office holders are:
  - Chair – Laura N.
  - Vice Chair – Janine
  - Recording Secretary – open
  - Treasurer – Natalie G.It was voted that existing signer Spencer Winston will be removed, existing signer Barbara J. Godley will remain and new Treasurer Natalie Gray will be added as a signer. Current signers will be Barbara J. Godley and Natalie Gray.
- Business Secretary - Stephanie
- Laura suggested we put writing job descriptions on the agenda for November.

Next meeting of CIIG will be Thursday, November 3, 2016, 7:30pm. Meeting adjourned with the Serenity prayer.

Respectfully submitted,  
Natalie G.

## CIIG Meeting Minutes 9/1/16

Minutes approved  
10/6

The meeting began at 7:30 PM with the Serenity Prayer, introductions, and the 7th Tradition

### Attending:

1. Jock – Chair, IGR Wed. Ventura noon
2. Laura – Vice Chair, IGR Monday Santa Barbara 7:35 PM
3. Barbara G. – Treasurer, IGR Mon & Thursday Goleta noon
4. Stephanie – IG Business Secy., Retreats and Workshops committee, IGR Wed Santa Barbara 7:30 PM, SB Outreach
5. Susan S. – IGR Sat. Ventura, 10 AM
6. Sydnee – IGR Thurs. Ventura 7 PM

As per the motion passed in May of 2016, Concept 1 was read aloud from the OA Concepts pamphlet.

**Announcements:** Jessyka can no longer attend this meeting. Ventura needs a new outreach coordinator. The professional outreach committee (Stephanie, Janine, Elaine) is going through OA's professional outreach manual and preparing volunteer forms.

### Treasurer's Report:

#### Assets:

CIIG donation	\$24.00
Ventura #31329	<u>75.00</u>
<b>Total</b>	<b>\$99.00</b>

#### Liabilities:

Frontier Telephone (no bill received)	<u>\$0.00</u>
	<b>\$0.00</b>

<b>Union Bank as of 7/29</b>	1,378.60
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,748.29

**Recording Secretary:** Natalie G. not in attendance. Asked CIIG meeting to have someone else take the minutes. Laura N. volunteered to do so.

**Webmaster:** CIIG needs a new webmaster. Jocelyn is willing to mentor any volunteer who is willing to learn Wordpress.

**InterVoice:** Elaine not in attendance. The new InterVoice was distributed.

**R2Rep:** Natalie G. not in attendance. Asked Jock to bring a motion to approve funding for her attendance at Region 2 Assembly in Costa Mesa in October. CIIG approved \$475 to support her in attending.

**Business Secretary:** No mail was received.

**Retreats and Marathons:** Plans for the next workshop are coalescing. Date, place and subject will be announced shortly.

**Santa Barbara Outreach:** No report.

**Ventura Outreach:** No report. Service position available.

**Old Business**

- Natalie G. is examining the Bylaws to determine what in there needs to be changed in order for us to be in the phonebook. The question remains: How valuable is it for us to be in a paper phonebook?

**New Business**

- CIIG elections will be held in October. The positions are: Chair, Vice Chair, Treasurer, Recording Secretary, and Business Secretary. CIIG reps are urged to remind their groups that service supports each person's recovery. Besides, it's fun.

Next meeting of CIIG will be Thursday, October 6, 2016, 7:30pm.

Meeting adjourned at around 8:10 p.m. with the Serenity prayer.

Respectfully submitted,

Laura N.

## CIIG Meeting Minutes 8/4/16

Minutes  
approved  
10/6

Meeting began at 7:30pm with the Serenity Prayer, introductions, 7<sup>th</sup> tradition basket passed and we read Concept #2.

### Attending:

1. Jock - Chair, IGR Wed. Ventura noon
2. Laura - Vice Chair, IGR Monday Santa Barbara 7:35
3. Barbara G. - Treasurer, IGR Mon & Thursday Goleta noon
4. Elaine - InterVoice Editor
5. Stephanie - IG Business Secy., Retreats and Workshops committee, IGR Wed Santa Barbara 7:30, SB Outreach
6. Susan - IGR Sat. Ventura, 10am
7. Andy V. - IGR Mon Ventura, 7pm
8. Janine - Retreats and Workshops Committee, IGR Friday Santa Barbara 10am
9. Amy W. - Retreats and Workshops Chair
10. Natalie G. - Recording Secretary, R2 Rep.

**Announcements:** Janine brought a flyer for the Working Step 11 workshop in the Central coast next Saturday. Natalie announced that there will be a speaker's meeting at the Tuesday night Ojai meeting and handed out flyers.

### Treasurer's Report:

#### Assets:

CIIG donation	\$23.00
Workshop	<u>225.00</u>
<b>Total</b>	<b>\$248.00</b>

#### Liabilities:

Frontier Telephone	<u>\$60.39</u>
	<b>\$60.39</b>

<b>Union Bank as of 6/30</b>	1,477.57
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,513.29

**Recording Secretary:** Minutes from June meeting were approved unanimously.

**Webmaster:** Frances has resigned. Thanks, Frances, for your service! Natalie and Jocelyn will cover until a webmaster can be found. Please announce in your meetings.

**InterVoice:** Elaine asked for support to write articles for the next issue. She will need them by August 20<sup>th</sup>.

**R2Rep:** Assembly is coming up.

**Business Secretary:** Stephanie brought the Reach Out Newsletter from San Diego IG. The Lifeline is now offering space for your group's local information, so you can leave the magazine

in a public place when your group is finished with it. (Barbara suggested putting that information in the InterVoice.) Stephanie also passed around some topics for Lifeline submissions.

**Retreats and Marathons:** The committee met earlier. Amy gave a recap of the feedback we received after the June workshop:

- People liked: the humor, clarity and long-time recovery of the speaker. They liked his one liners, his personal experience, and sharing the steps as they relate to recovery from relapse.
- Suggestions: only a couple about having more interaction from participants
- Sat./Sun. are good days to hold workshops
- Nov./Dec. for the next workshop
- Attendees were largely from Ventura and the rest were from Santa Barbara, Ojai and Santa Paula
- We asked for and got ideas on how to spread the word about upcoming workshops
- The committee is planning that the next workshop will be 2 workshops in the day: Body Image and Sponsorship
- Discussed the possibility of using a Goleta facility

**Santa Barbara Outreach:** Stephanie will see if she can post something in the SB Sentinel; also will contact Glen Miller, a doctor – for professional outreach. She brought in the Professional Outreach manual. She posted a flyer at the Summerland post office. She might do outreach at La Ventana Clinic (Andy asked about doing a panel discussion there.)

**Ventura Outreach:** Jessyka was not in attendance.

#### **Old Business**

- Laura has tried to talk to Frontier to ask them to reduce the cost. A business phone will not be cheaper. Jock will contact other groups to see what they are doing. A motion was made to cancel the phone number and change the bylaws. She will check with R2 to see if that's in alignment with OA as a whole.
- Laura will bring meeting handbooks to the next meeting.

#### **New Business**

- Stephanie, Janine and Elaine may form a Professional Outreach Committee and Elaine voiced a desire to see that developed. Suggested committee form tasks, ask for help and funding from CIIG; call WSO to get suggestions. It looks like the committee will form.
- Newcomer packets are available.

Next meeting of CIIG will be Thursday, September 1, 2016, 7:30pm.

Meeting adjourned at around 8:30 p.m. with the Serenity prayer.

Respectfully submitted,

Natalie G.

Official copy Approved 8/4/16

## CIIG Meeting Minutes 7/7/16

Meeting began at 7:30pm with the Serenity Prayer, introductions, 7<sup>th</sup> tradition basket passed and 12 traditions read.

### Attending:

1. Jock - Chair, IGR Wed. Ventura noon
2. Laura - Vice Chair, IGR Monday Santa Barbara 7:35
3. Barbara G.- Treasurer, IGR Mon & Thursday Goleta noon
4. Elaine - InterVoice Editor
5. Stephanie - IG Business Secy., Retreats and Workshops committee, IGR Wed Santa Barbara 7:30, SB Outreach
6. Jessyka - Ventura Outreach, IGR Monday Ventura, 7pm
7. Sydnee - IGR Thurs. Ventura 7pm
8. Susan - IGR Sat. Ventura, 10am
9. Andy V. - IGR Mon Ventura, 7pm
10. Janine - Retreats and Workshops Committee, IGR Friday Santa Barbara 10am

**Announcements:** Thursday night Ventura meeting moved to The Place of Peace, 2021 Sperry Ave. beginning July 7, 2016

### Treasurer's Report:

#### Assets:

CIIG donation	\$31.00
Tues. Ojai #47208	90.00
<b>Total</b>	<b>\$121.00</b>

#### Liabilities:

Frontier Telephone	\$60.17
Deposited check returned	30.00
Bank Fee from deposited check	9.00
	<b>\$99.17</b>

<b>Union Bank as of 5/1</b>	<b>1,224.49</b>
Union Bank prudent reserve	1,006.48
Chase Bank Women's Retreat	1,513.29

Barbara deposited a check for \$30.00 dated from 2011 which Natalie found. The bank returned the check to Barbara with a fee of 9.00. According to the fine print on the back, the deadline to cash the check has past. Janine made a motion to void the check, Andy seconded. Motion Passed unanimously.

**Recording Secretary:** Andy motioned to accept the minutes from the June meeting as amended, Barbara seconded, minutes were approved unanimously.

**Webmaster:** Jock read Frances' report which she sent via email. Frances did the following

- Posted 2 events on the main page
- Deleted old post R2 in Milpitas
- Updated meeting list to include new Ventura Thurs. location and Camarillo Sat. morning
- Stats for June Views – 523
- Visitors – 213
- Views per Visitor – 2.46
- Most Popular Day – Wednesday – 17% of views
- Most Popular Hour – 10am – 8% of views

**InterVoice:** Elaine brought in copies of the new July/August, 2016 issue. The InterVoice is now listing available sponsors. Elaine said that if we wanted to expand the newsletter at some point, she would.

**R2Rep:** Natalie not in attendance.

**Business Secretary:** Stephanie brought the Reach Out Newsletter from San Diego IGR.

**Retreats and Marathons:** Stephanie gave Barbara \$225.00 from the June workshop in Ventura. Committee did not meet in July. Committee is onboard for a Nov. or Dec. workshop. Suggestion that next workshop include more interaction from members. Suggestion that we alternate from a more lecture oriented day to a more interactive format like the workshop with Rena on Finding a Higher Power. Reasoning is that everyone enjoyed the workshop but different formats may reach all the different learning styles.

**Santa Barbara Outreach:** Stephanie gave Jessyka samples of the posters she uses in SB so that Jessyka could make up some for Ventura outreach. Stephanie brought in flyers for upcoming events:

1. A Night of Compulsive Comedy, Sat. July 30, 2016 7:30pm Veteran's Park (Multipurpose Room) 4117 Overland Ave. Culver City. For more info - oacomedy.org. Tickets \$10 online, \$15 at the door.
2. Serenity in the Sierras, Aug. 5-7, Lake Tahoe, for more info- sacvalleyoa.org
3. 29<sup>th</sup> Annual OA Men's Retreat, Aug. 26-28 Mission San Luis Rey Retreat Center 4050 Mission Avenue, Oceanside, CA 92057. For further information, please contact: [davebirge66@gmail.com](mailto:davebirge66@gmail.com). Dave B. at (619) 787-2937. [www.oamensretreat.org](http://www.oamensretreat.org)
4. A Day with the Big Book: Dieting vs. Real Recovery, One Day Retreat, Sat. Sept. 10, 2016, 8am-6:30pm. Mary and Joseph Retreat Ctr. 5300 Crest Road, Rancho Palos Verdes, CA 90275 register Online [oalaig.org](http://oalaig.org), \$60.00, contact Terri R. 310-918-6367

**Ventura Outreach:** Jessyka will pass out posters at the meetings she attends and possibly have a posting party. Jessyka asked other Ventura IGR what they would like

to see for Ventura Outreach. Sydnee will bring information about OA to her Doctor's group.

#### **Old Business**

- Will we do outreach to medical community? Stephanie has a 'how to' manual from World Service which she will bring. Janine suggested forming a committee for outreach to the medical community.
- Changing our answering machine set up. Skype costs 18.00 for 3 months and 65.00 for 12 months. Laura said T-mobile costs 30.00 per month. Question asked, can we publish the number? Laura is checking with Frontier to see if we can lower our bill. Jock will look into what other intergroups are doing re: phone service.

#### **New Business**

- Laura proposed that we purchase OA handbooks to give to all the meetings in our intergroup. Cost \$2.50 times 17 copies. Motion made seconded and passed.
- Jessyka asked if we could get a Paypal acct.

Next meeting of CIIG will be Thursday Aug. 4, 2016, 7:30pm.

Chair Jock closed the meeting with the serenity prayer at 8:40pm.

Respectfully submitted,

Janine I.

Approved as amended  
on 7/7/16

**CIIG Meeting Minutes from June 2, 2016**

The meeting began at 7:30 PM with the Serenity Prayer, introductions, and the 7<sup>th</sup> Tradition.

**Attending:**

1. **Amy** – Chair, Retreats and Marathons Committee
2. **Andy V.** – IGR, Mon. Ventura 7PM
3. **Frances M.** – Webmaster / IGR, Sat. & Sun. S.B.
4. **Janine** – IGR, Fri. S.B. 10AM / R&M Committee
5. **Jessyka** – Ventura Outreach / IGR, Mon. Ventura PM
6. **Jock** - Chair / IGR, Wed. Ventura noon
7. **Laura** - Vice Chair / IGR, Mon., S.B. 7:35PM
8. **Barbara G.** - Treasurer / IGR, Mon. & Thurs. Goleta
9. **Stephanie** – Business Secretary / S.B. Outreach / IGR, Wed. S.B. 7:30 PM / R&M Committee
10. **Natalie G.** – Recording Secretary / R2 Rep. / IGR, Tues. Ojai 6:30PM / R&M Committee

As per the motion passed in May of 2016, Concept 1 was read aloud from the OA Concepts pamphlet.

**Announcements:** N/A

**Treasurer's Report:**

Assets:

CIIG donation	\$21.25
Ventura #51450	60.00
Ventura #36038	30.00
Mon. & Thurs. Goleta #s 32642 & 15648	150.25
Mon. 7:30 PM S.B. #51002	60.00
Uncashed check from workshop in 11/2015	10.00
<b>Total Assets:</b>	<b>\$331.50</b>

Liabilities:

Frontier telephone (two months)	\$120.71
Rent for April thru Aug.	50.00
<b>Total Liabilities:</b>	<b>\$170.71</b>

**Union Bank as of 4/1/16** **\$1098.20**

Union Bank prudent reserve	\$1,006.48
Chase Bank Women's Retreat	\$1,578.08

Barbara will check to make sure that Frontier hasn't double billed us (two months doesn't seem right).

**Recording Secretary:** The minutes from the May meeting were approved as submitted.

**InterVoice:** Elaine was not present, so no report.

**Webmaster:** Frances posted two workshops taking place in other areas and deleted old events.

**R2 Rep:** Natalie reminded people of the upcoming convention and their request for clothing donations. She also passed out prospect cards, which were ordered per the May meeting.

**Santa Barbara Outreach:** Stephanie passed out the color posters she had printed per the April meeting (one even had tear off contact tabs!). They are so beautiful! She asked us to post them in our communities.

**Ventura Outreach:** Jessyka volunteered to be outreach person for Ventura! Thanks, Jessyka!

**Business Secretary:** No mail.

**Retreats and Marathons:** Amy reminded us of the upcoming workshop on Saturday, June 4<sup>th</sup>.

**Old Business:**

- Laura is still working on the telephone voicemail issue. Jessyka mentioned the possibility of getting a Skype out number, and Jock will research the possibility and whether it's possible to do that and keep our current number.

**New Business:**

- No new business

**Questions/Answers:**

- Can we list sponsors on the CIIG website? We already do.
- Frances will research hits and traffic to our site.
- Jessyka asked for support for the Thursday night meeting. Laurie is the contact. The meeting is still searching for a permanent home; so Frances will list on the website and indicate "call for location."
- Regarding hosting a booth(s) at a local health fair, the Ventura county health agency is a possible resource, and Natalie will check with them about the possibility of doing a booth at one or more of their events. The YMCA was also given as a possible resource for fairs.

**The next CIIG meeting** is Thursday, July 7th, 2016, Carpinteria Community Church.

A motion was made and passed to end the meeting, which closed with the serenity prayer at 8:30pm.

Respectfully submitted June 27, 2016,

Natalie G.,

Recording Secretary

Approved 6/2

### CIIG Meeting Minutes from May 5, 2016

The meeting began at 7:33 PM with introductions, the Serenity Prayer, and the 7<sup>th</sup> Tradition.

**Attending:** **Jock** (Chair and Wed., Ventura noon), **Laura** (Vice Chair and Mon., S.B. 7:35); **Barbara G.** (Treasurer and Mon. & Thurs. Goleta); **Elaine** (InterVoice Editor), **Rick** (visitor), **Frances** (Sat.), and **Natalie G.** (R2 Rep., Recording Sec'y & Retreats & Marathons committee).

**Announcements:** N/A

#### **Treasurer's Report:**

##### Assets:

CIIG donation	\$23.00
Ventura #51450	30.00
Ventura #36038	144.00
SB #11982	70.00
<b>Total Assets:</b>	<b>\$267.00</b>

##### Liabilities:

Verizon	\$60.46
Natalie G Region 2 Assembly	302.87
Amy W (for workshop from Chase acct)	56.00
<b>Total Liabilities:</b>	<b>\$419.33</b>

**Union Bank as of 3/31/16** **\$1,497.57**

Union Bank prudent reserve	\$1,006.46
Chase Bank Women's Retreat	\$1,578.08

Still no word on recent donation from Ojai group. (Natalie subsequently found it recorded in the January 2016 minutes.)

**Recording Secretary:** The minutes from the April meeting were approved as submitted.

**InterVoice:** Elaine asked for suggestions about what to include in the InterVoice and about the format. The board let her know what was required to be included, and the rest is up to her.

**Webmaster:** There has been no response from Haley, so Frances volunteered to take on the position of Webmaster. Yay!

**R2Rep:** Natalie gave her report orally, will write up the report and submit along with minutes to Secretary's folder.

**Business Secretary:** No mail.

**Retreats and Marathons:** It was Amy's birthday, so Natalie reported that everything is on track for the June 4<sup>th</sup> workshop on Recovery from Relapse.

**Santa Barbara Outreach:** Stephanie was not in attendance.

**Ventura Outreach:** [This is a service opportunity]

#### **Old Business**

- Laura is still working on the telephone voicemail issue.

#### **New Business**

- Natalie made a motion and it passed to read 1 concept and its accompanying explanation from the 12 concepts pamphlet at each month's meeting.
- Natalie made a motion and it passed to purchase 300 Prospect cards from OA world service to hand out to groups for their members. Total cost will be about \$20.
- Natalie suggested that we might like to sponsor a booth at a local health fair or college fair.

**The next CIIG meeting** is Thursday June 2, 2016, Carpinteria Community Church.

A motion was made and passed to end the meeting, which closed with the serenity prayer at 8:30pm.

Respectfully submitted,  
Natalie G.,  
Recording Secretary

## R2 Rep report from Spring 2016 Assembly

The spring R2 Assembly was held on April 8-9, in Newark CA. Here is my report from the assembly.

- I received the 12 concepts pamphlet and will submit (or have submitted) a copy to keep in the Chairperson's binder. I read a paragraph on p. 1 re: what the concepts depict for O.A.
- Reported on my sense of how the assembly helps keep our intergroup and groups connected to OA worldwide.
- Handed out the R2 newsletter "What's New" and pointed out the article "Technology and our Intergroup" on p. 6, which seemed to have relevance for us.
- Asked reps to let their groups know that if anyone is looking for a speaker or would like to be one, they can contact the new R2 Vice Chair, Carolina, via email: [vicechair@oar2.org](mailto:vicechair@oar2.org).
- One intergroup has a workshop @ every 4<sup>th</sup> meeting and this has really upped their attendance at board meetings. I brought up the idea that maybe we could do one workshop each month on working the steps (maybe after the Saturday Ventura meeting or before our Intergroup meeting).
- Suggested the idea of having an OA mixer.
- Asked reps to let groups know that R2 needs clothing donations for the boutique at the convention and also donations of gifts for the auction.
- Told the board that 22 out of the 35 intergroups in R2 were represented at the assembly.
- Showed the group two pie charts about R2 and the money it receives. Where the money comes from: Convention = 50.4%, Donations = 46.1%, Assemblies = 3.4%, and Interest = 0.1%. Where the money goes: Convention = 31%, Board = 19.5%, Carrying the Message = 15.6%, Assemblies = 10.7%, WSO Support = 6.5%, Region Chair Travel = 6.4%, Publications = 5.8%, Overhead = 3.7%, Miscellaneous = 0.8%.
- Shared that as part of being an R2 rep, I am serving on the Intergroup Outreach Committee and what that committee does. At this assembly, we split up and assigned meetings and intergroups to contact to let them know about R2 and support for their intergroups or meetings (if they are unaffiliated).
- Reported on some things being done in the other committees (Public Information, Young Persons, Diversity, Bylaws & 12-step Within):
  - Diversity – working on newcomer's packets for Spanish speakers, focusing on men (what do they want, where are they, how do we help).
  - Pointed out the Unity Intergroup article on the R2 newsletter on p. 3.
- Asked reps to let groups know that donations to R2 can now happen online.

Respectfully submitted,  
May 23, 2016

Natalie Gray :^)

## R2 Report for CIIG Board – Spring 2016 Assembly

Prepared by Natalie G.

1. At this assembly, there were 22 Intergroups represented, out of a total of 34 in our region. There were 40 representatives present out of a possible total of 114. Our group is allowed 2 reps.
2. The web tech website is up for questions: webtechoa.org
3. If our Intergroup decides to put a booth up at a health fair, Hanna (R2 Trustee) says there is a way for us to get help paying for ½ the cost of literature to stock the booth.
4. Many intergroups are going to virtual meetings. There are a variety of services that do that: Uberconferencing, Skype, Go to Meeting, etc.
5. The R2 Convention is June 9-11, 2017 at the Hilton in Costa Mesa. This is the major fundraiser for R2 and there is lots of recovery and fun. This year's theme is "Rocketed Into the 4<sup>th</sup> Dimension." They are looking for a Hospitality chair, a volunteer coordinator and event security person(s). There is no abstinence requirement and no need to be local. They are also looking for volunteers.
6. Also, Region 2 is accepting donations of clothing and prizes/high ticket items for the 2017 Convention. They are looking for a point person for each Intergroup to receive donations for our intergroup and either bring them with to the convention or pass them off to someone else who is attending (last year I met with someone in Ventura to pass off our donations).
7. There is a Spanish language newcomer's packet developed by the Diversity committee. It includes: "15 Questions," "Many Symptoms/One Solution," "To the Newcomer," "Tools of Recovery," "Dignity of Choice," and "Questions and Answers." The Diversity committee would like us to Make this packet available to meetings in our area where Spanish speaking members may attend; add our IG meeting list to the packet, indicating which meetings are in Spanish; and include the name and phone number of an OA person who speaks Spanish and would be willing to take calls. The cost of assembling this packet is \$3. They are not for sale through OA.org, yet, but hopefully, soon.
8. December 12<sup>th</sup> is Twelfth Step Within day.

### R2 Spring Assembly Costs (board approved an amount of \$470):

	<u>Projected</u>	<u>Actual</u>
Registration:	\$45.00	\$45.00
Room:	243.00	273.48 (I forgot about parking costs)
Gas:	40.00	25.00
Car Rental	70.00	70.53
Meals:	<u>35.00</u>	<u>43.28</u>
<b>Total:</b>	<b>\$433.00</b>	<b>\$457.29</b>

### Items for consideration and action:

- I brought back a 12 Traditions pocket guide and 12-stepping a problem pocket guide. I make a motion that we order a 200-card pack of the 12-Stepping a Problem guide (5 for each group) and 32 of the 12 Traditions guide (2 for each group) to split among the groups. The cost would be \$48 plus shipping. ~~889~~
- One way to increase attendance and service at the Intergroup level: Board members go to individual meetings with a goodies bag (newcomer's packet, pocket guides, etc.) and talk about serving on the Intergroup Board (what questions do they have for us, what is it like for us to serve). We could use the pocket guides that we ordered as part of this.

- I'd really like us to have an ST&C workshop. Can we set a date?

I would like to invite other members to become the R2 rep and I would like to become a WSO delegate. Estimated costs for attending:

Hotel:	\$945.00
Airline:	200-\$400
Meals:	250
Registration:	119
Total:	\$1,514- \$1,714

-or-

Airline:	\$200-\$400
Meals:	400
Registration:	119
Car rental:	150
Gas:	100
Total:	\$969-\$1,169

-or

Meals:	\$250
Registration:	119
Car rental:	150
Gas:	300
Total:	\$819

### **IMPORTANT REMINDERS FOR YOUR GROUPS**

- If you listen to podcasts or attend phone or online meetings or call-in workshops, please remember to honor the 7th tradition and contribute to WSO. It is great to have these online resources, but it often means the 7th tradition is forgotten. I never thought twice about paying any amount of money for my addiction; why wouldn't I treat my recovery even better?
- There are SO MANY resources available to us—it's unbelievable! You don't have to know about all of them now, so just start somewhere. One good place to start is the R2 website: [www.oar2.org](http://www.oar2.org). You can find:
  - A list of events happening in Region 2: <http://www.oar2.org/events/index>
  - Podcasts from past R2 Conventions: <http://www.oar2.org/convention/audio-library>
  - The R2 semi-annual newsletter: <http://www.oar2.org/about-r2/latest-news>
- Did you know? Overeater's Anonymous is structured as an upside down pyramid. Whereas in most organizations, the individual (at the bottom) serves the organization (at the top), in OA, the organization (WSO at the bottom) serves the individual (at the top). Going from the top down, then, in OA, it is the individual, the group, the intergroup (if there is one), the region, and finally World Service. These service bodies exist to serve the individual and the groups and to spread the message of OA. In other words, you, as the individual are the driver of what the service bodies do. Please remember that without your participation, either through service in these bodies or speaking up to let your voice be heard, OA is without guidance.

# CIIG TREASURER'S REPORT APRIL 2016

## ASSETS:

CIIG donation	23.00
Ventura #51450	30.00
SB #11982	70.00
Ventura#36038	<u>144.00</u>
	267.00

## LIABILITIES

Verizon	60.46
Natalie G. Region 11 Assembly	302.87
Amy for Workshop from Chase Acct.	<u>56.00</u>
	419.33

Union Bank as of 3/31	1,497.57
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,578.08

- Called to order @ 7:33 Greetings, Serenity Prayer + 7th tradition (12 trad. read by all)
- Minutes passed as written
- Elaine asked for ~~questions~~ suggestions about what to include & format for InterVoice
- No response from Haley - Frances has volunteered for service position! Yay!
- R2 report

Approved  
5/5/16

### CIIG Meeting Minutes from April 7, 2016

The meeting began at 7:30 PM with introductions, the Serenity Prayer, and the 7<sup>th</sup> Tradition.

**Attending:** **Jock** (Chair), **Laura** (Vice Chair and Monday Santa Barbara 7:35); **Barbara G.** (Treasurer and Thursday noon Goleta); **Stephanie** (Business Secretary, Retreats & Marathons Committee & Wed. night, 7:30 Santa Barbara), **Amy W.** (Retreats and Marathons Chair), **Elaine** (InterVoice Editor), **Rick** (Wed., S.B.), **Frances** (Sat.), and **Natalie G.** (R2 Rep., Recording Sec'y & Retreats & Marathons committee).

**Announcements:** N/A

#### **Treasurer's Report:**

##### Assets:

CIIG donation	\$10.75
Ventura #35960	<u>72.00</u>
<b>Total Assets:</b>	<b>\$82.75</b>

##### Liabilities:

Verizon	\$60.15
Stephanie Johns (posters)	25.00
Natalie G. (R2 Registration)	<u>30.00</u>
<b>Total Liabilities:</b>	<b>\$115.15</b>

<b>Union Bank as of 2/4/16</b>	<b>\$1,350.07</b>
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Union Bank prudent reserve	\$1,006.46
Chase Bank Women's Retreat	\$1,634.08

Natalie G. asked Barbara to check for a donation from the OA Tuesday night group. It has not been reported, although it was supposedly sent in.

**Recording Secretary:** The minutes from the March meeting were approved unanimously.

**InterVoice:** Elaine brought in the May/June issue of the InterVoice; thanks, Elaine! It was read and appreciated and handed out for distribution at the meetings.

**Webmaster:** Haley not in attendance. Nat will reach out one last time and see how we can support her in updating the website consistently, or see if she is still willing to serve. Frances expressed an interest in serving in that way, if needed.

**R2Rep:** Natalie will attend the assembly on April 9<sup>th</sup> in Newark, CA. She will bring back a report at the next CIIG board meeting. Rick reminded us that he is the R2 Alternate.

**Business Secretary:** No mail.

**Retreats and Marathons:** Amy handed out flyers for the June 4<sup>th</sup> workshop on Recovery from Relapse through the 12 Steps. She asked us to ask the groups to please let us know how we can spread the word about the workshop. Rick suggested that since the workshops coincide with two Saturday morning meetings (one in S.B. and one in Ventura), that we might consider scheduling them on another day or at a later time on Saturday. It was also suggested that the Saturday morning groups could look at attending the workshop like attending an all-day meeting. Since it was suggested that attendees might like to bring a Big Book, Laura mentioned that there's an AA bookstore in S.B. It was mentioned that the Big Book is available in electronic form as well.

**Santa Barbara Outreach:** Stephanie brought in color posters that were accidentally printed on regular color stock. A motion was made and passed that she has them printed on poster paper and the CIIG will cover the additional cost. Stephanie will bring posters and labels with local meeting information to the next meeting to hand out.

Rick asked about suggested donation signs for the 7<sup>th</sup> tradition. Natalie will check the OA Ask-it-Basket to see what she can find out about this.

**Ventura Outreach:** [This is a service opportunity]

#### **Old Business**

- Laura is still working on the telephone voicemail issue. She is waiting for a call back from Verizon and Frontier. More to come next month.

#### **New Business**

- Amy W. brought in the Westchester, NY IG newsletter. Would like to bring it to our attention for things we might adopt (e.g., listing: available sponsors, goals to work toward, upcoming workshops, etc.)
- Natalie will schedule an STCA workshop from R2 in late July.
- Amy asked us to think about ideas for getting the word out about the workshop and come back with ideas next month.
- Jock's attendance will be spotty for a while for personal reasons. Laura and all of us will cover any absences.

**The next CIIG meeting** is Thursday May 5, 2016, Carpinteria Community Church.

A motion was made and passed to end the meeting, which closed with the serenity prayer at 8:30pm.

Respectfully submitted,  
Natalie G.,  
Recording Secretary

Approved  
4/7/16

### CIIG Meeting Minutes from March 3, 2016

The meeting began at 7:30 PM with introductions, the Serenity Prayer, and the 7<sup>th</sup> Tradition. Jock was not in attendance, so Laura chaired the meeting.

**Attending:** **Laura** (Vice Chair and Monday Santa Barbara 7:35); **Barbara G.** (Treasurer and Thursday noon Goleta); **Janine** (Friday Santa Barbara 10am & Retreats & Marathons committee); **Stephanie** (Business Secretary, Retreats & Marathons Committee & Wed. night, 7:30 Santa Barbara), and **Natalie G.** (R2 Rep., Recording Sec'y & Retreats & Marathons committee).

**Announcements:** Janine attended a workshop called the ABCs of Abstinence led by Cherie and suggested that topic and the speaker as a possible future workshop for us.

#### **Treasurer's Report:**

##### Assets:

CIIG donation	\$21.00
Ventura #36038	215.25
Ventura #35404	<u>26.40</u>
<b>Total Assets:</b>	<b>\$262.65</b>

##### Liabilities:

Verizon	\$60.19
Elaine S. – InterVoice printing	<u>29.26</u>
<b>Total Liabilities:</b>	<b>\$89.45</b>

<b>Union Bank as of 2/4/16</b>	<b>\$1,499.52</b>
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Union Bank prudent reserve	\$1,006.46
Chase Bank Women's Retreat	\$1,634.08

Also, Barbara reported that due to Janine's efforts, the rent was reduced to \$10/month for our meeting at the church. Thanks, Janine, for asking!

**Recording Secretary:** The minutes from the February meeting were approved unanimously.

**InterVoice:** Elaine is on vacation and will be back in time to produce the May/June issue. Stephanie checked with Haley to remind her to post the latest edition of the InterVoice online. This has been done.

**Webmaster:** No report; Haley not in attendance.

**R2Rep:** Natalie encouraged the group reps to ask their groups' members to send her any questions they may have for her to take to the R2 Assembly.

**Business Secretary:** We received the ReachOut from the San Diego Intergroup, and a suggestion was made that Elaine might like to have it for ideas for the InterVoice. We got the R2 Convention notice via email, but not the physical posters and registration cards the email talked about. The convention is June 24-26 in Milpitas.

**Retreats and Marathons:** The June 4<sup>th</sup> workshop is a go. The speaker has been booked. We are looking for places in Ventura. The title of the workshop is "Recovery from Relapse Thru the 12 Steps." A request was made to include directions on the flyer, which Natalie will do if the flyer has room.

**Santa Barbara Outreach:** Stephanie brought in color flyers from WSO to show us. A motion was made and passed to give Stephanie \$25 to get more color posters printed to pass out to us at the next meeting, so we can put them up. Janine and Laura reported that they had both noticed the poster that was on display at Cantwell's. Thanks to Zoe for sending in notices each week to the Independent online.

**Ventura Outreach:** No report. Sherrice not in attendance. Natalie will follow up with her to see if she is still interested in filling this position.

#### **Old Business**

- The motion from the February 2016 meeting to change our carrier to Vonage was not carried out; because Laura subsequently found out that we need to have a physical landline in order to have Vonage. Nobody in attendance was willing to do that. Laura will continue to research specifics and costs regarding our Verizon bill (e.g., asking them to lower it, seeing what another carrier might offer, etc.).
- Barbara will reimburse workshop related expenses from the Retreats and Marathons account; as per decisions made at an earlier meeting.

#### **New Business**

- Janine had a question re: the general consensus about the Retreats and Marathons account and was the board okay with that much money sitting in the account, if we hadn't had a retreat in several years. It was requested that if she would like that to be different, she bring a motion to the next meeting.
- Janine raised the possibility of doing a panel for area professionals, a la the San Diego group.

**The next CIIG meeting** is Thursday April 7, 2016, Carpinteria Community Church.

A motion was made and passed to end the meeting, which closed with the serenity prayer at 8:30pm.

Respectfully submitted,  
Natalie G.,  
Recording Secretary

Minutes approved  
3/3/16

## CIIG Meeting Minutes 2/4/16

Meeting began 7:34pm with introductions, the Serenity Prayer, 7<sup>th</sup> tradition basket passed and 12 traditions read.

Attending: Jock (Chair and Wed Ventura Group Rep); Laura (Vice Chair and Monday Santa Barbara 7:35); Barbara G. (Treasurer and Thursday noon Goleta); Elaine (InterVoice Editor); Janine (Friday Santa Barbara 10am); Jennifer, guest; Amy (Retreats and Workshops); Stephanie (Wed. night, 7:30 Santa Barbara).

**Announcements:** None

### Treasurer's Report:

#### Assets:

CIIG donation	18.00
Ventura#35960	72.00
Ventura#31329	150.00
Goleta #s 32642 & 15648	147.00
Total	387.00

#### Liabilities

Verizon	59.87
Union Bank as of Nov 11	879.39
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,634.08

**Recording Secretary:** Minutes from the January meeting were approved unanimously.

**InterVoice:** Elaine brought in copies of the March/April InterVoice. Laura suggested that some members may want to receive the InterVoice by email. Amy said that it's on the CIIG website. Group reps can let members know that they can email Elaine and be on her mailing list to receive the InterVoice directly to their inbox. Elaine's email address is esaffan@icloud.com.

**Webmaster:** Amy offered to ask Natalie if Haley is presently maintaining website.

**R2Rep:** Not in attendance, no report

**Business Secretary:** Stephanie has not received mail this month.

**Retreats and Marathons:** Barbara gave Amy \$56.00 to cover expenses from the Dec. workshop. The committee is looking at Ventura for the next workshop. Stephanie offered to call Jan, Andy and Jill to see if they would help us find a good location for the workshop.

**Santa Barbara Outreach:** Stephanie put up an OA poster at Cantwell's market.

**Ventura Outreach:** No report. Sherrice not in attendance.

### **Old Business**

- RE: Will we continue to have CIIG phone number in the phone book? Yes.
- RE: the phone carrier for the answering machine. Laura said if we change to Vonage our phone bill will go down from 59.00 to 6.00. Motion made, seconded and passed unanimously to change our carrier to Vonage.
- RE: Can we find a place to meet which costs less than Carpinteria Community Church. Janine found out that we could use Faith Lutheran church for a donation amount. Barbara made a motion to change venues to Faith Lutheran Church if the rent will go down to \$10. Passed unanimously. Janine offered to call Carpinteria Community Church to see if we could pay \$10 here at Carp Comm. Church so as not to move. She also offered to follow up with Faith Lutheran.
- Retreats and Marathons Checking account – Jock will look back in the minutes to see what was decided upon re: the checking account.

### **New Business**

- Proposal to send Natalie to Region 2 Assembly to be held in Fremont, California April 8-9, 2016. Costs:

Registration = \$30

Room rate for 2 nights = \$208 (plus tax)

Mileage = \$60

Meals = \$40

Copies of Report = \$10

Total cost about is about \$340-\$360

Passed Unanimously

**Next meeting** CIIG Thursday March 3, 2016, Carpinteria Community Church

Chair Jock closed the meeting with the serenity prayer at 8:30pm.

Respectfully submitted,

Janine I.

## CIIG Meeting Minutes 1/7/16

Meeting began 7:30pm with the Serenity Prayer, 7<sup>th</sup> tradition and 12 traditions read.

Attending: Jock (Chair and Wed Ventura Group Rep (GR)), Laura (Vice Chair and Monday Santa Barbara 7:35 GR), Barbara G. (Treasurer and Thursday noon Goleta GR), Jill (Sat. Ventura 10am GR), Andy (Mon. Ventura 7pm GR), Elaine (Intervoice Editor), and Janine (Friday Santa Barbara 10am Friday GR)

**Announcements:** Barbara announced that Wednesday nights on KCET at 9pm there is a show on for the next three weeks, it is about weight loss. Last week concentrated on weight watchers and slim fast and another so called diet. It's an expose of the various diet programs in the world. Will OA be mentioned?

### Treasurer's Report:

#### Assets:

CIIG donation	8.00
Retreat deposit returned	150.00
Group 47208	<u>135.00</u>
Total	293.00

#### Liabilities

Verizon	60.25
RV Nuccio insurance	<u>315.00</u>
Total	375.25

<b>Union Bank as of Nov 11</b>	<b>856.64</b>
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	1,634.08

In order for account to be interest bearing it must have 10,000 in it.

**Recording Secretary:** Minutes from the December meeting were approved unanimously

**InterVoice** CIIG has a new intervoice editor – Elaine. Thank you for your service! Elaine will collaborate with Natalie and Amy to make the transition. Elaine will get the Jan/Feb edition to Laura who offered to print out and make copies. Elaine will be here next month but will miss the March meeting. Her email address is [esaffan@icloud.com](mailto:esaffan@icloud.com).

**Webmaster:** Not in attendance, no report

**R2Rep:** Not in attendance, no report

**Business Secretary:** Not in attendance, no report

**Retreats and Marathons:** "Connecting with a Higher Power which supports your recovery" workshop was attended by 31 people in Carpinteria on Dec. 12, 2015.

Workshop proceeds = \$336.

Cash given to Rena to cover her expenses (airfare) = \$217.

Cash given to reimburse the church for the room = \$175.

Barbara will give Amy 56.00 to cover expenses.

**Santa Barbara Outreach:** No report, Stephanie not in attendance.

**Ventura Outreach:** No report, Sherrice not in attendance.

### **Old Business**

- Do we want to continue having CIIG phone number in the phone book? Phone book entry costs 720.00 a year and we get about 1 call per month. Can we reach more people in another way? Laura will look into telephone book options. Janine offered to call Bill to see if he wants to be on the current phone line as someone who returns phone calls.
- Retreats and Marathons Checking account – no discussion.

### **New Business**

- Barbara would like us to look into meeting at a less expensive place. Janine will ask Faith Lutheran Church if they are available for us to use their choir room.

Next meeting CIIG Thursday Feb. 4, 2016

Chair Jock closed the meeting with the serenity prayer at 8:30pm.

Respectfully submitted 1/11/16

Janine I.

# CIIG TREASURER'S REPORT DECEMBER 2015

## ASSETS:

CIIG donation	8.00
Retreat deposit returned	150.00
Group 47208 <i>QJH</i>	<u>135.00</u>
	293.00

## LIABILITIES

Verizon	60.25 ✓
RV Nuccio insurance	<u>315.00</u> ✓
	375.25

Union Bank as of Nov.11	856.64
Union Bank prudent reserve	1,006.46
Chase Bank Women's Retreat	<u>1,634.08</u>