

CIIG Intergroup Minutes for March 5, 2026

1. **Serenity Prayer:** Christine B.
2. **Introductions:** Christine, Chair; Yolanda, R2; Kelly, Mon pm Ventura rep; Bridgette, outreach; Sara, visitor; Pam W., Treasurer; Pam E., Mon pm Camarillo rep; Laura, Fri am and Wed eve SB rep; Natalie, Rec Sec.; Kerry, Vice Chair.
3. **Read the [12 Traditions](#):** Kelly D.
4. **Read the 3rd Concept:** [OA CIIG 12 Concepts of Service](#): “The right of decision, based on trust, makes effective leadership possible.”
5. **Read** Vision, Priorities and Strategic Goals from the bottom of the agenda.
6. **General Announcements:** none
7. **Officer Reports:**
Chair: Christine B.: Terms of Service update in an email; Karaoke in SFV
Vice Chair: Kerry M.: zoom meetings update: small yet mighty
Treasurer Report: Pam W.: \$4301 balance
Business Sec: Rick B.: Renewed our post office box for 6 mo.; meeting members voted to keep the PO box in Summerland for a year.
Recording Secretary: Natalie M.: Minutes approved.

Departments

Workshops and Retreats: Service Opportunity
Outreach Coordinator: Bridgette: Watercolor event 4/18 at Veterans of Foreign Wars, 300 S. Surfside Dr., Port Hueneme, CA 93041; flyer provided. Art Supplies: \$148.74, approved.
Webmaster: Natalie G.: 579 viewers to our website; US, India, Canada, Ireland; suggestion to discuss how to handle Board elections.
InterVoice: Mary-Anne: not present
Region 2: Yolanda: Sponsor event on Zoom Sat. March 21 1-2:30 PST (scroll to end for flyer)
WSO: Service Opportunity

Old Business: discuss Board elections procedures/Natalie G.

Key info to give your group:

- Men’s Meeting on Sundays in Ventura is closed. Meeting’s funds were transferred to the new Port Hueneme meeting for their prudent reserve. (VFW, Tues. pm, 7:30 pm)
- Acknowledging the passing of Mike, a local member
- Please support the new meeting on Tuesday Nights in Port Hueneme, 7:30 (see the attached flyer)
- Sponsor Event on Zoom Sat March 21st (see attached flyer)
- Watercolor Event on Saturday, April 18th, 12 -3pm Veterans of Foreign Wars, 300 S. Surfside Dr., Port Hueneme, CA 93041 (see flyer attached) [register here](#)

Next Meeting: Thursday, April 2, 2026

Prayer and Adjourn

CIIG VISION

High-value Intergroup that:

1. **Helps the still suffering**
2. **Serves the membership and attracts**
3. **Strengthens OA as a whole**

PRIORITIES

1. Practice reliance on a Power greater than ourselves.
2. Increase outreach and public information activities.
3. Complete ongoing IG admin tasks.

STRATEGIC GOALS

1. **Help members strengthen their personal recovery by working the 12 Steps**
2. **Increase the number of sponsors**
3. **Increase and retain newcomers**
4. **Plan and implement workshops and fellowship activities**
5. **Help those in relapse recover**
6. **Inspire people to give more service**
7. **Support our meetings to become action/solution meetings**



NEW MEETING

Overeaters Anonymous

NO dues NO fees NO weigh-ins NO diets

Starting Tuesday,
January 6th

VFW Hall
300 S. Surfside Dr
Port Hueneme

7:30 PM -
8:30 PM

Do you ever find yourself reaching for food late at night when you're not really hungry?

Would you like a safe space to talk about your relationship with food?

You don't have to be alone!
Newcomers welcome



**OVEREATERS
ANONYMOUS®**

Channel Islands Intergroup



THIS IS A WEEKLY MEETING, EVERY TUESDAY AT 7:30 PM

Please contact Pam for questions (310) 800-4550



*Twelfth Step Within
Duodécimo Paso Interior*

Find Your Sponsor Workshop **Taller: Encuentra a Tu Patrocinador**

Saturday, March 21st

1:00-2:30 Pacific Time

Sábado 21 de Marzo

1:00-2:30pm Hora del Pacífico

Zoom

Meeting ID: 833 6084 8416 Passcode: 546777

Need a sponsor?

Come join a safe and supportive space to connect with available sponsors and find someone to walk with you on your recovery journey.

¿Necesitas un patrocinador?

¡Ven a escuchar a los patrocinadores disponibles y participa en una sesión de búsqueda de patrocinadores para encontrar al tuyo que pueda ofrecerte respaldo!

