

OACIIG Minutes from April 2, 2026

1. Serenity Prayer:

2. **Introductions:** Christine, Chair; Bridgette, Outreach; Pam W., Treasurer; Rick B., Business Secretary (SB Sat Rep), Pam E., Mon pm Camarillo Rep; Laura, Fri am and Wed eve SB Rep; Kelly D., Mon pm Ventura Rep., Christoph - fellow in attendance.

3. Read the [12 Traditions](#):

4. **Read the 4th Concept:** [OA CIIG 12 Concepts of Service](#): "The right of participation ensures equality of opportunity for all in the decision-making process."

5. **Read** Vision, Priorities and Strategic Goals from the bottom of the agenda.

6. **General Announcements** - None

7. Officer Reports:

- Chair: Christine B.: Attended Sponsor Event on Zoom Sat March 21st.
- Vice Chair: Service Opportunity
- Treasurer Report: Pam W.: Starting Balance (2/28/2026) \$4301.42, Ending Balance (3/31/2026) \$2095.16.
- Motion made to list 7th tradition donations made through PayPal as one lump sum in the monthly treasurer's report, rather than as an itemized list. **Motion passed unanimously.**
- Business Sec: Rick B.: Found receipt for annual mailbox payment. Discuss reimbursement if that hasn't already been completed. Rick to contact Pam.
- Recording Secretary: Natalie M., not able to attend tonight's meeting.

Departments:

Workshops and Retreats: Service Opportunity

Outreach Coordinator: Bridgette:

- Watercolor event 4/18 at Veterans of Foreign Wars, 300 S. Surfside Dr., Port Hueneme, CA 93041; scroll down agenda for flyer.
- Motions:
 - SB Mental Health Fair - \$100 for professional OA pamphlets. Event scheduled for Saturday, May 2nd, 9am - 2pm (scroll to end of agenda for flyer). Looking for volunteers. **Motion passed unanimously.**
 - Ventura Harbor Mental Wellness Festival - \$125 for Non-Profit Vendor fee. Event scheduled for Saturday, June 6th, 10:30am - 4:30pm at Ventura Harbor Village (lawn). Looking for volunteers. **Motion passed unanimously.**

Webmaster: Natalie G.: Encouraged all CIIG attendees to review the group's by-laws.

InterVoice: Mary-Anne: not able to attend tonight's meeting.

Region 2: Yolanda: not able to attend tonight's meeting.

WSO: Service Opportunity

Old Business: Discuss Board elections procedures re: some members having started service before or after elections in October 2025 because of vacancies.

- Discussion held. All current, active board members are willing to serve until the elections in October 2026. This will bring us current with the schedule for elections outlined in our by-laws.

New Business: None

Key info to give your group:

- Please support the new meeting on Tuesday Nights in Port Hueneme, 7:30 (see the attached flyer)
- Watercolor Event on Saturday, April 18th, 12 -3pm Veterans of Foreign Wars, 300 S. Surfside Dr., Port Hueneme, CA 93041 (see flyer attached) [register here](#)
- Bridgette A. 805-709-4892 is looking for volunteers for the SB Mental Health Fair which is Saturday, May 2nd from 9am - 2pm.
- Ventura Harbor Mental Wellness Festival - Event scheduled for Saturday, June 6th, 10:30am - 4:30pm at Ventura Harbor Village (lawn). Bridgette is looking for volunteers for this event as well.

Next Meeting: Thursday, May 7, 2026

Prayer and Adjourn

CIIG VISION**High-value Intergroup that:**

1. Helps the still suffering
2. Serves the membership and attracts
3. Strengthens OA as a whole

PRIORITIES

1. Practice reliance on a Power greater than ourselves.
2. Increase outreach and public information activities.
3. Complete ongoing IG admin tasks.

STRATEGIC GOALS

1. Help members strengthen their personal recovery by working the 12 Steps
2. Increase the number of sponsors
3. Increase and retain newcomers
4. Plan and implement workshops and fellowship activities
5. Help those in relapse recover
6. Inspire people to give more service
7. Support our meetings to become action/solution meetings



NEW MEETING

Overeaters Anonymous

NO dues NO fees NO weigh-ins NO diets

Starting Tuesday,
January 6th

VFW Hall
300 S. Surfside Dr
Port Hueneme

7:30 PM -
8:30 PM

Do you ever find yourself reaching for food late at
night when you're not really hungry?

Would you like a safe space to talk about your
relationship with food?

You don't have to be alone!
Newcomers welcome



**OVEREATERS
ANONYMOUS®**

Channel Islands Intergroup



THIS IS A WEEKLY MEETING, EVERY TUESDAY AT 7:30 PM

Please contact Pam for questions (310) 800-4550



Watercolor class

SATURDAY, APRIL 18, 2026

12:00 PM TO 3:00 PM

**All supplies
provided**

Veterans of Foreign Wars (Post 3935)

300 S. Surfside Drive

Port Hueneme, CA 93041

**OVEREATERS
ANONYMOUS®**

Channel Islands Intergroup

**This event is hosted by Overeaters Anonymous.
All are welcome. OA serves to help those who may
struggle with food issues. Literature about the
organization and meeting locations will be available.**



**See QR code to register for Free
or**

<https://oa-watercolor-class.eventbrite.com>

Questions? Call Pam at (310) 800-4550

SB COTTAGE HOSPITAL MENTAL HEALTH FAIR



OA will be a vendor giving people at the Fair information about our organization with handouts and pamphlets. We are looking for volunteers to help distribute info and answer questions, A great way to be of Service!

SATURDAY
MAY 2, 9 am - 2 pm
SB COTTAGE HOSPITAL
400 W Pueblo St, Santa Barbara
Contact Bridgette (805) 709-4892 to sign up!
