

OACIIG Minutes August 6, 2026

1. Serenity Prayer:

2. **Introductions:** Bridgette A., Outreach; Pam W., Treasurer; Christine B., Chair, Vondie L., Sat. 10 am Vta Rep., Natalie M., Recording Secretary, Natalie G., Webmaster, Rick B., Business Secretary

3. **Read the 12 Traditions:** <https://oa.org/groups/the-twelve-traditions/> **Natalie M.**

4. **Read the 8th Concept of the 12 Concepts of Service:** “The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.”

<https://oa.org/service-body-resources/the-twelve-concepts/> **Bridgette**

5. Read Vision, Priorities and Strategic Goals **Natalie G.**

CIIG VISION High-value Intergroup that: 1. Helps the still suffering 2. Serves the membership and attracts 3. Strengthens OA as a whole	PRIORITIES 1. Practice reliance on a Power greater than ourselves. 2. Increase outreach and public information activities. 3. Complete ongoing IG admin tasks.
STRATEGIC GOALS 1. Help members strengthen their personal recovery by working the 12 Steps 2. Increase the number of sponsors 3. Increase and retain newcomers 4. Plan and implement workshops and fellowship activities 5. Help those in relapse recover 6. Inspire people to give more service 7. Support our meetings to become action/solution meetings	

6. General Announcements: Kori Beth - R2 Rep is attending our meeting tonight and would like a few minutes to share. **She is not in attendance tonight.**

7. Officer Reports:

- Chair: Christine B.:
 - CIIGOA is hosting a 10th Step Discussion on Zoom on Saturday August 22nd at 1 pm PDT. Flyer at end of this agenda. We have 3 volunteers so far, but could use at least one more. At least 4 positions to cover: Passcode Provider, Moderator, Host/Screenshare, Co-Host/Chat monitor.
- Vice Chair: Service Opportunity
- Treasurer: Pam W.: \$189.31 balance; It was suggested that we ask meetings to increase their contributions in order to bring our balance up to \$1,500. However, we decided instead to allow our balance to increase over time, as our current low balance is a direct result of our decision to make a sizable donation to WSO. [Treasury Report](#)
- Business Secretary: Rick B.: Rick will send P.O. Box receipt to Pam, who will reimburse Rick.
- Recording Secretary: Natalie M.: Approval of July minutes. Approved unanimously.
- Workshops and Retreats: Service Opportunity
- Outreach Coordinator: Bridgette:
 - City of Oxnard Employee Health Fair - Thursday, September 10th, 10am - 2pm.
 - Banana Festival, Port Hueneme, Saturday, Sept 26th, 10-5pm.

- Ojai Day Saturday, Oct 17th, 10-5pm
- Anyone willing to partner up with Bridgette on Outreach, please reach out to her at 805-709-4862
- Webmaster: Natalie G.: Natalie G. will update meeting info on the website.
- InterVoice: Service Opportunity
- Region 2: Service Opportunity
- WSO: Service Opportunity

Old Business:

- Laura suggested that we offer a list of people willing to sponsor on our website since we currently don't have an InterVoice editor, where the list of available sponsors used to be housed.

New Business:

- Vondie asked a question: Should fellows mail 7th Tradition checks to the PO Box? Christine stated that she personally would not do this at this time.
- Vondie suggested we also have a list of speakers.

Key info to give your group:

- 10th Step Discussion on Zoom, Saturday August 22nd at 1 pm. Please contact Christine B. if interested in volunteering to assist with the tech for this meeting. 323-573-7448
- Anyone willing to partner up with Bridgette on Outreach, please reach out to her at 805-709-4862
- City of Oxnard Employee Health Fair, Thursday, September 10th, 10am - 2pm.
- Banana Festival at The Port of Hueneme, Saturday, Sept 26th 10-5pm.
- Ojai Day Saturday, Oct 17th 10-5pm
- Email Natalie G if you are available to sponsor and/or speak, as she is compiling a list of available sponsors and speakers for the website. natalieg.oe@gmail.com

Next Meeting: Thursday, September 3, 2026

Serenity Prayer and Adjournment



**“Our next function is
to grow in
understanding
and
effectiveness...”**

STEP TEN - CONTINUED TO TAKE PERSONAL INVENTORY AND WHEN WE WERE WRONG PROMPTLY ADMITTED IT

**The Channel Islands Intergroup of Overeaters Anonymous
invites you to a discussion on Step 10.**

**3 Recovered Panelists will share
how the 10th Step transforms their daily lives.
Q&A session to follow.**

**Saturday, August 22, 2026
1 - 3 PM PDT
4 - 6 PM EDT**

**Zoom Meeting ID: 857 3437 0568
For the passcode or any questions,
Please email ciigoa.workshop@gmail.com or call 805-850-3106**

The 7th Tradition will be recognized | No registration necessary



Volunteers Needed

Help represent OA at the Fair!
Volunteers are needed to hand out literature
and answer questions.
Come be of service and help spread the message!

SHIFTS NEEDED

City of Oxnard Employee Health Fair

9:00am - 11:00am
10:00am - 12:00pm
11:00am - 1:00pm
12:00pm - 2:00pm

THURSDAY
September 10th,
10am - 2 pm

**OXNARD
PERFORMING
ART CENTER**
800 Hobson Way,
Oxnard

Banana Festival

9:00am - 11:00am
11:00am - 1:00pm
1:00pm - 3:00pm
3:00pm - 5:00pm

SATURDAY
September 26th,
10am - 5 pm

**THE PORT OF
HUENEME**
105 E Port
Hueneme Rd,
Port Hueneme

Ojai Day

9:00am - 11:00am
11:00am - 1:00pm
1:00pm - 3:00pm
3:00pm - 5:00pm

SATURDAY
October 17th,
10am - 5pm

LIBBEY PARK
2025 E. OJAI AVE.,
Ojai

Contact: Bridgette (805) 709-4892

CHANNEL ISLANDS INTERGROUP OVEREATERS ANONYMOUS

Treasurer's Report – August 2026

(reporting as of 08/06/2026)

Account Summary Balance \$ 1368.06

Chase Bank:

Detail Amount (USD)

Balance as of 07/02/2026: \$1697.44

Transactions:

Date Description Amount (USD) 2026-07-03 7th Tradition – PayPal (July) \$ 88.65

2026-07-15 Reimbursement to Bridgette A. * \$ -575.35 2026-07-20 Zoom Account (monthly)
\$ -16.99 2026-07-21 Monthly Service Fee** \$ -15.00

Ending Balance \$1178.75

PayPal:

Detail Amount (USD)

Balance as of 07/2/2026 \$ 88.65

Deposits (7th Tradition) \$ 189.31

Transfer to Chase Account \$ -88.65 (July)

Ending Balance \$ 189.31

***Ending Balance is pending deposit in Chase Bank account*

*Approved expenses for outreach (Ojai day, stickers, Banana Festival – minutes July 2025)

**Monthly service fee is due to being below \$1500 balance.